# Ashley M. Coker-Cranney

PhD, CMPC, LPC, EMDR-T

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SUMMARY OF	QUALIFICATIONS
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8

15

25

67

14+ YRS

PEER-REVIEWED PUBLICATIONS BOOKS/BOOK CHAPTERS PROFESSIONAL PRESENTATIONS

TAUGHT

COUNSELING AND/OR CONSULTING

#### **EDUCATION**

West Virginia University

Morgantown, WV

### PhD in Sport and Exercise Psychology

2016

2015

Dissertation: "How Far is Too Far? Understanding Identity and Overconformity in Collegiate Wrestlers"

Dissertation Chair: Jack C. Watson, II, PhD

M.A. in Counseling

Practicum and Internship: Waynesburg University Counseling Center

Morgantown Vet Center

West Virginia University Carruth Counseling Center: Mindfit

Supervisor: Heidi O'Toole, M.A., LPC

University of Utah

Salt Lake City, UT

#### M.S. in Exercise and Sport Science-Psychosocial Aspects of Sport

2011

Thesis: "Coach Pressure and Disordered Eating in Female Collegiate Athletes: The Role of the

Coach-Athlete Partnership"
Thesis Chair: Barry Shultz, PhD

University of Idaho

Moscow, ID

**B.S.P.E.** in Physical Education

2007

**B.S. in Psychology** 

2007

#### ACADEMIC POSITIONS

### Assistant Professor, Sport, Exercise, & Performance Psychology

2023-present

West Virginia University, College of Applied Human Sciences

**Adjunct Instructor** 

2023

West Virginia University, College of Applied Human Sciences

Instructor

2020-2023

Randolph College, Coaching and Sport Leadership Program

Visiting Instructor

2016-2022

West Virginia University, College of Physical Activity and Sport Sciences

❖ Associate Graduate Faculty Status

### **Faculty Associate**

2020-present

West Virginia University, Center for Applied Coaching and Sport Sciences

Instructor 2018-2019, 2022

West Virginia University, Honors College

Instructor 2019-2020

West Virginia University, College of Education and Human Services

Adjunct Instructor of Kinesiology 2016-2017

Ball State University, School of Kinesiology

Grant-Funded Graduate Research Assistant 2015-2016

West Virginia University, College of Physical Activity and Sport Sciences

Assisted data collection and management for PEIA Weight Management Program

Graduate Teaching Assistant 2012-2015

West Virginia University, College of Physical Activity and Sport Sciences

Graduate Teaching Assistant 2010-2011

University of Utah, Department of Exercise & Sport Science

Grant-Funded Graduate Research Assistant 2009-2010

University of Utah, College of Health

 Assisted with program management and data collection for Supporting Nutrition and Active Play in Preschool Youngsters (SNAPPY)

#### CLINICAL POSITIONS

#### Co-Founder, Executive Director

2021-present

Whole Brain Performance, division of Whole Brain Solutions, LLC

Responsible for contract acquisition and execution, content development, supervision/mentorship of associated practicum/internship students, fellows.

Psychotherapist 2019-present

Whole Brain Solutions, LLC, Morgantown, WV

RESEARCH SUPPORT

\$62,828

\$23,813

\$199,954

FUNDING REQUESTED

FUNDING RECEIVED

**FUNDING UNDER REVIEW** 

#### **FUNDING APPLICATIONS**

<sup>a</sup>Principle Investigator, \*Included student researchers, \*Study published

### **External Funding**

 American College of Sports Medicine Research Endowment (in preparation)

application due 2024

Project: Instrument Development: Overconformity in Sport Scale<sup>a</sup>

National Institutes of Mental Health
 (in conceptualization)

*Project:* Development of Assessment System and Support Resources for Collegiate/ Youth Athlete Mental Health\*

Community Partnership: Whole Brain Solutions, LLC Non-Profit Community Partnership: Morgan's Message

۰	United Stated Department of Justice Community Oriented Policing Services Law Enforcement Mental Health and Wellness Act Grant (submitted, requested \$199,954.00)  Project: Project Bluelight: Comprehensive Inter- and Intrapersonal Wellness Programming for Law Enforcement <sup>a</sup> Community Partnership: Whole Brain Solutions, LLC	2023
۰	National Collegiate Athletics Association Innovations Grant (not funded, requested \$32,250.00)  Project: EMDR Performance Enhancement Protocol Effectiveness on NCAA Athlet Satisfaction and Success: A Pilot Study*  Community Partnership: Whole Brain Solutions, LLC	<b>2023</b> Te
•	Association for Applied Sport Psychology Foundation Grant (awarded in full, \$500)  Project: Exploring Basic Psychological Needs Theory as a Framework for Effective Mental Health Referral *	<b>2022</b> ⁄e
•	Association for Applied Sport Psychology Research Grant (awarded in full, \$4,783.00)  Project: Identity and Overconformity to the Sport Ethic in Collegiate Volleyball Players*	-2019
•	National Collegiate Athletics Association Graduate Student Research Program Grant (not funded, <b>requested \$6,765.00</b> )  **Project: Identity and Overconformity to the Sport Ethic in Collegiate Wrestlers of the Sport Ethic in Collegiate Wrestl	
Inte	ernal Funding	
•	West Virginia University CPASS Graduate Student Travel Award (awarded, \$330.00)	2015
•	West Virginia University College of Physical Activity and Sport Sciences Grant (awarded in full, \$650.00)  Project: SEC College Football and Criminal Fan Behavior <sup>ax</sup>	2013
•	West Virginia University CPASS Graduate Student Travel Award (awarded, \$250.00)	2013
•	West Virginia University Provost Fellowship (awarded, \$17,000.00)	2011
•	West Virginia University CPASS Graduate Student Travel Award (awarded, \$350.00)	2011
۰	University of Utah SPEAK Research Award (awarded in full, \$200.00)  Project: Weight-Related Coach Pressure, Coach-Athlete Relationship, and Disord	<b>2009</b> lered

### PEER-REVIEWED PUBLICATIONS

## **Published Peer-Reviewed Manuscripts**

Eating in Female Collegiate Athletesax

8. \*Deogracias-Schleich, A., Blom, L., Meyers, K.M., Aegisdottir, S., **Coker-Cranney, A.**, Blake, A., Ausmus, J.C., Walker, M., & Myers, K.E. (2022). Female adolescent athletes' experiences of body dissatisfaction across individual and team sports. *Journal of Athlete Development and Experience 4*(3), article 4.

 $<sup>\</sup>textcolor{red}{\star} \textbf{Research with students}$ 

<sup>\*</sup> Grant funding received

- 7. \*Coker-Cranney, A.M., Huysmans, Z., & Swary, S. (2020). "The only constant is change": Exploring shifting relationships with sport overconformity through a narrative identity lens. *Journal of Sport Psychology in Action*. doi: 10.1080/21520704.2020.1833123.
- \*Way, W.C., Coker-Cranney, A.M., & Watson II, J.C. (2020). "So many mental health issues go unsaid": Implications for best practice guidelines from student-athletes' perspectives about services availability. *Journal of Clinical Sport Psychology*. doi: 10.1123/jcsp.2019-0051.
- 5. Watson, J.C. & **Coker-Cranney, A.M**. (2019). An introduction to the special issue: Using technology in applied sport psychology. Accepted by *Journal of Sport Psychology in Action*, 9 (4), 213-215. doi: 10.1080/21520704.2018.1552446.
- 4. **Coker-Cranney, A.M.**, Wooding, C., Byrd, M. (2018). How an interest in American football and criminal behavior led to refining quantitative research skills: A research journey. *SAGE Research Methods Cases Psychology*. doi: 10.4135/9781526446534
- Coker-Cranney, A.M., Watson, J.C., Bernstein, M., Voelker, D. & Coakley, J. (2017). How far is too far? Understanding identity and overconformity in collegiate wrestlers. *Qualitative Research in Sport, Exercise and Health, 18*(1) 92-116. doi: 10.1080/2159676X.2017.1372798
- \*Coker-Cranney, A.M., Wooding, C., Byrd, M., & Kadushin, P. (2016). Saturday night's alright for fighting: Examining the relationship between SEC football games and criminal behavior. *Deviant Behavior*, 38(5), 561-574. doi: 10.1080/01639625.2016.1197036
- 1. \*Coker-Cranney, A.M. & Reel, J.J. (2015). Perceived coach pressure and disordered eating behaviors in female collegiate athletes: Exploring the coach-athlete relationship as a mediating variable. *Journal of Clinical Sport Psychology*, *9*(3), 213-231. doi:10.1123/jcsp.2014-0052.

#### **Peer-Reviewed Manuscripts in Progress**

- \*Coker-Cranney, A.M., Wooding, C., & Cacho, F. (in preparation). Collegiate dance team coaches' awareness of, and interest in, performance psychology. Anticipated submission to *Journal of Applied Sport Psychology*. Anticipated submission 2023.
- \*\*Coker-Cranney, A.M., Huysmans, Z., & Swary, S. (in preparation). Crossing the boundary line: Understanding identity and overconformity in collegiate volleyball players. Anticipated submission to *The Sport Psychologist*. Anticipated submission 2023.
- \*\*\*Ugrenovic, L., Voelker, D., Augustus, A., Ohashi, A., Gould, D., & **Coker-Cranney, A.** (in revision for new submission). Rethinking youth sport: A qualitative exploration of Generation Z athletes' perspectives and experiences during the COVID-19 pandemic in the United States. Anticipated submission TBD. Anticipated submission 2023.
- **Coker-Cranney, A.M.** & Reel, J.J. (in preparation). "Just lose a few pounds": Examining the ways in which female collegiate athletes experience weight-related coach pressure. Anticipated submission to *Journal of Sport & Exercise Psychology*. Anticipated submission 2023.
- **Coker-Cranney, A.M.**, Coakley, J., & Watson, J.C. (in conceptualization). Reconceptualizing overconformity to the sport ethic: Creating a parsimonious model of normative overconformity. Anticipated submission to *Sociology of Sport Journal*. Anticipated submission 2024.
- **Coker-Cranney, A.M,** Bernstein, M., & Watson, J.C. (in conceptualization). Creative nonfiction: Using storytelling to report research in sport and exercise psychology. Anticipated submission to *The Qualitative Report*. Anticipated submission 2024.

#### **Editorial Positions**

Journal of Sport Psychology in Action 2017-2018 Guest Co-editor of special issue: Using Technology in Applied Sport Psychology

#### **BOOKS AND BOOK CHAPTERS**

#### **Authored/Edited Books**

1. Wooding, C. & **Coker-Cranney, A.M.** (2019). *Every Count Matters: Mindset Training for Dancers.* Morgantown, WV: FiT Publishing.

#### **Published Book Chapters and Encyclopedia Entries**

- Coker-Cranney, A.M. (in press). Choking on the dance floor: Case Solution. In S. Castillo, C. Wooding, D. Barba, & S. Chroni (Eds) *Building Consulting Skills for Sport and Performance Psychology Companion: An International Case Study Collection*. Taylor & Francis/Routledge.
- 13. **Coker-Cranney, A.M.** (2022). Choking on the dance floor. In S. Castillo, C. Wooding, D. Barba, & S. Chroni (Eds) *Building Consulting Skills in Sport and Performance Psychology: An International Case Study Collection.* Taylor & Francis/Routledge.
- 12. **Coker-Cranney, A.M.,** & Taylor, J. (2020). Obstacles: Overinvestment. In J. Taylor (Ed.) *Comprehensive Applied Sport Psychology: From Attitude to Athletic Success and Everything in Between and Beyond*. New York, NY: Routledge.
- 11. Voelker, D., **Coker-Cranney, A.M.,** Hetrick, A., & Puglisi Freshour, N. (2019). Reactions to Sport Injury Rehabilitation: Jaimee Jacobsen, a Junior Collegiate Volleyball Player. In M. Arvinen-Barrow & D. Clement (Eds.) *The Psychology of Sport and Performance Injury: An Interprofessional Case-Based Approach*. New York, NY: Routledge.
- Reel, J.J., Coker-Cranney, A.M., & Crowe, B. (2018). Eating disorders and body image in youth sports. In S. Arthur-Banning, M.S. Wells, & B. Greenwood (Eds.) Youth Sports in America: The 50 Most Important Issues in Youth Sports Today. Santa Barbara, CA: ABC-CLIO.
- 9. **Coker-Cranney, A.M.** (2018). Coaches. In J.J. Reel (Ed.) *Eating Disorders: Understanding Causes, Controversies, and Treatment*. Santa Barbara, CA: ABC-CLIO, LLC.
- 8. **Coker-Cranney, A.M.** (2018). Personality Characteristics. In J.J. Reel (Ed.) *Eating Disorders: Understanding Causes, Controversies, and Treatment*. Santa Barbara, CA: ABC-CLIO, LLC.
- 7. **Coker-Cranney, A.M.** (2018). Sports. In J.J. Reel (Ed.) *Eating Disorders: Understanding Causes, Controversies, and Treatment*. Santa Barbara, CA: ABC-CLIO, LLC.
- Coker-Cranney, A.M. (2018). Weight Pressures in Sport. In J.J. Reel (Ed.) *Eating Disorders: Understanding Causes, Controversies, and Treatment*. Santa Barbara, CA: ABC-CLIO, LLC.
- Watson II, J.C., Coker-Cranney, A.M., & Halbrook-Galloway, M. (2016). The App(lication) of technology into sport, exercise and performance consulting: The case of Phil. In preparation for G. Cremades & L. Tashman (Eds.) Global Practices in Training in Applied Sport, Exercise, and Performance Psychology: A Case Study Approach. New York, NY: Routledge, Psychology Press.
- 4. **Coker-Cranney, A.M.** (2013). Coaches and eating disorders. In J.J. Reel (Ed.) *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention*. Westport, CT: Greenwood Publishing Group.

- 3. **Coker-Cranney, A.M.** (2013). Personality characteristics of individuals with eating disorders. In J.J. Reel (Ed.) *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention*. Westport, CT: Greenwood Publishing Group.
- Coker-Cranney, A.M. (2013). Sports and eating disorders. In J.J. Reel (Ed.) Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention. Westport, CT: Greenwood Publishing Group.
- 1. **Coker-Cranney, A.M.** (2013). Weight pressures in sport. In J.J. Reel (Ed.) *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention*. Westport, CT: Greenwood Publishing Group.

### **Books/Book Chapters in Progress**

**Coker-Cranney, A.M.**, Wooding, C., & TBD (in conceptualization). Ethical considerations for working with dancers and performers on mental performance. Book chapter for new version of ethics in sport psychology text. Anticipated submission 2023, anticipated publication 2024.

**Coker-Cranney, A.M.** (in conceptualization). Group sport and performance psychology interventions: A practical guide to team activities. Book project. Anticipated proposal submission 2024. Anticipated publication 2027.

#### PROFESSIONAL PRESENTATIONS

\*Research with students

#### **Keynote Presentations**

 Coker-Cranney, A. (January, 2018). Blurred Lines: A Lesson in Expertise from SWAT Operators. Performance Psychology Conference, San Diego, CA. Keynote presentation, presented 01/26/2018.

#### **Invited Presentations**

- Wooding, C., Young, G., Coker-Cranney, A.M., Barba, D. (2019). Case Study Workshop. Association for Applied Sport Psychology Annual Conference, Portland, OR. Featured presentation, presented 10/24/2019.
- 3. Bunce, J., **Coker-Cranney, A.,** Costello, K. (2019). Preparing for private practice. Midwest Sport and Exercise Psychology Symposium, Lexington, KY. Featured panel, presented 2/9/2019.
- 2. Brookhouse, E., Barnicle, S., **Coker-Cranney, A.,** & Costello, K. (2019). Sport and Performance Psychology Panel: Tactical Populations. Midwest Sport and Exercise Psychology Symposium, Lexington, KY. Featured panel, presented 02/09/19.
- 1. Baird, S., **Coker-Cranney, A.**, Gnacisnski, S., Bean, E., Wooding, C., & Colvin, K. (October, 2017). 5 Slides in 5 Minutes: Tactical Populations. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Featured presentation, presented 10/21/2017.

#### **Peer-Reviewed National Presentations**

- 20. Wooding, C.M., **Coker-Cranney, A.**, Clark, C., & Coakley, S. (October, 2021). Collaborative learning: A case study workshop for students. Association for Applied Sport Psychology Annual Conference, Las Vegas, NV. Refereed, presented virtually due to global pandemic.
- 19. Wooding, C.M., **Coker-Cranney, A.,** Brutus, A., & Shapiro, J. (October, 2020). Together again: A case study workshop for students. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, presented virtually due to global pandemic.

- 18. Wooding, C. M., Bartley, J., **Coker-Cranney, A.**, & O'Connor, E. (October, 2020). Debunking ACT myths: Exploring what ACT isn't to guide ACT provision in sport and performance. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, presented virtually due to global pandemic.
- 17. \*Deogracias-Schleich, A., Blom, L., Ausmus, J.C., Allison, B., **Coker-Cranney, A.**, & Aegisdottir, S. (October, 2020). Sport as a protective factor against negative body image and mood: Results and implications from conversations with adolescent female athletes. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, poster presented virtually due to global pandemic.
- 16. \*Wheat, S. & **Coker-Cranney, A.M.** (January, 2020). Beyond "breaking the ice:" Building a team in the classroom. National Institute on the Teaching of Psychology Annual Conference, St. Pete Beach, Fl. Refereed, Presented 01/04/2020.
- 15. **Coker-Cranney, A.** (October, 2018). Crossing the boundary line: Understanding identity and overconformity in collegiate volleyball players. Association for Applied Sport Psychology Annual Conference, Toronto, Ontario, Canada. Refereed, Presented 10/03/2018.
- 14. Wooding, C., **Coker-Cranney, A.**, O'Connor, E., & Sampson, A. (October, 2018). Still learning together: A case-study workshop for non-certified students and professionals. Association for Applied Sport Psychology Annual Conference, Toronto, Ontario, Canada. Refereed, Presented 10/06/2018.
- 13. \*Way, W. & **Coker-Cranney, A.** (October, 2018). "I noticed I changed as a person": An elite distance runner's response to injury. Association for Applied Sport Psychology Annual Conference, 2018, Toronto, Ontario, Canada. Refereed, Poster presented 10/05/2018.
- 12. **Coker-Cranney, A.** (October, 2017). How do I *feel* about research? Highlighting a novel way to use research to elicit emotional responses. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, Poster presented 10/19/2017.
- 11. Wooding, C., **Coker-Cranney, A.**, Aoyagi, M., Michel, J., & Morgan, T. (October, 2017). Still better together: A case-study workshop for students. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, Presented 10/19/2017.
- \*Walsh, J. & Coker-Cranney, A. (October, 2017). Mental skills techniques for injured athletes returning to competition. Association for Applied Sport Psychology Annual Conference, Orlando, FL. Refereed, Poster presented 10/20/2017.
- Wooding, C., Coker-Cranney, A., Bean, E., Castillo, S., & Watson, J. (September, 2016).
   Better together: A case-study workshop for students. Association for Applied Sport Psychology Annual Conference, Phoenix, AZ. Refereed, Presented 09/29/2016.
- Voelker, D.K., Petrie, T.A., Freshour, A.P., Fairhurst, K., Coker-Cranney, A. (June, 2016). Introducing... BODIES-IN-MOTION! A new evidence-based program to promote healthy body image & eating behaviors in female collegiate athletes. Eating Disorders in Sport Conference, St. Louis, MO. Refereed, Presented 06/10/2016.
- 7. **Coker-Cranney, A.** & Cormier, M. (October, 2015). When to make the call: Investigating athletic trainers' reasons and procedures for psychosocial referral. Association for Applied Sport Psychology Annual Conference, Indianapolis, IN. Refereed, Presented 10/16/2015.
- Byrd, M., Coker-Cranney, A., Bryant, L., & Berrebi, M. (October, 2015). Developing a community consulting program within a university setting. Association for Applied Sport Psychology Annual Conference, Indianapolis, IN. Refereed, Presented 10/15/2015.
- Cohen, A., Aoyagi, M., Bryant, L. Coker-Cranney, A., Finch, L. (October 2014). Coalition for the Advancement of Graduate Education and Training in the Practice of Sport Psychology: Voluntary program recognition for sport psychology practice graduate programs. Association for Applied Sport Psychology Annual Conference, Las Vegas, NV. Refereed, Presented 10/18/2014.

- 4. Coker-Cranney, A. (October, 2013). Sport consulting in mainstream media: Is all publicity good publicity? Association for Applied Sport Psychology Annual Conference, New Orleans, LA. Refereed, Poster presented 10/03/2013.
- 3. Castillo, S., Coker-Cranney, A., Fifer, A., Tashman, L., Watson, J.C. (October, 2013). Undergraduate preparation in sport psychology: Recommended standards for coursework and experience. Association for Applied Sport Psychology Annual Conference, New Orleans, LA. Refereed, Presented 10/03/2013.
- 2. Coker, A., Newton, M. Houston, M., Reel, J., and Shultz, B. (September, 2011). Disordered eating in female collegiate athletes: The influence of sport type, perceived coach pressure, and the coach-athlete relationship. Association for Applied Sport Psychology Annual Conference, Honolulu, HI. Refereed, Presented 09/20/2011.
- 1. Gonzalez, S.P., Newton, M., Coker, A., Jang, C.Y., & Beck, B. (October, 2010). The relationship between the social psychological climate and sportspersonship in high school athletes. Association for Applied Sport Psychology Annual Conference, Providence, RI. Refereed, Presented 10/28/2010.

### **National Conference Presentations in Progress**

Coker-Cranney, A.M. & Kadushin, P. (due April 2024). Respect my trauma: Exploring how mental performance consultants across the competence continuum can provide ethically responsible, biologically respectful, trauma informed care to their clients. Application of consideration for 3 credit continuing education workshop at 2023 AASP National Conference in Orlando, FL, October 2023.

Coker-Cranney, A.M. (due February 2024). Trauma isn't a four-letter word: Why all performance clients need trauma-informed care for peak performance. Abstract submission intended for AASP National Conference in Orlando, FL, October 2023.

#### PODCASTS AND INTERVIEWS

- 11. Coker-Cranney, A.M. (in production). Trauma and Sport Psychology. The Mental Training Lab with Pete Kadushin.
- 10. Coker-Cranney, A.M. (2023). How Youth Soccer Players can Better Deal with Performance Anxiety and Sports Burnout. Beyond the Pitch with West Virginia Soccer Association. Published June 7, 2023.
- 9. Coker-Cranney, A.M. (2022) Interview with Taylor Kennedy. Kanawha Valley Sports Report for Monday October 31 2022. Published October 31, 2022.
- 8. Coker-Cranney, A.M. (2022). Real Talk about Suicide when it Comes to our Youth Soccer Players. Beyond the Pitch with West Virginia Soccer Association. Published May 13, 2022.
- 7. Coker-Cranney, A.M. (2021). BULLYING: Tips & Advice if Your Child is Being Bullied in Youth Soccer. Beyond the Pitch with West Virginia Soccer Association. Published October 27, 2021.
- 6. Coker-Cranney, A.M. (2021). How Young Adult Soccer Players can Better Handle Depression. Beyond the Pitch with West Virginia Soccer Association. Published September 15, 2021.
- 5. Coker-Cranney, A.M. (2021). Mental Health Month: How Coaches & Parents can Help with the Mental Health of Young Soccer Players. Beyond the Pitch with West Virginia Soccer Association. Published May 27, 2021.
- 4. **Coker-Cranney, A.M.** (2021). Tips for Grassroots Soccer Coaches to Better Communicate with Players. Beyond the Pitch with West Virginia Soccer Association. Published February 17, 2021.

- 3. **Coker-Cranney, A.M.** (2020). Advice for Youth Soccer Referees on Managing Adults within the Game. *Beyond the Pitch* with West Virginia Soccer Association. Published December 2, 2020.
- 2. **Coker-Cranney, A.M.** (2020). Eating Disorders: A Clinical Look. *Beyond the Pitch* with West Virginia Soccer Association. Published October 22, 2020.
- Coker-Cranney, A.M. (2020). How Coaches and Parents can Help in the Mental Health of their Players. Beyond the Pitch with West Virginia Soccer Association. Published September 23, 2020.

#### ADDITIONAL PUBLICATIONS

- 2. **Coker-Cranney, A.M.** (2017). Book and resource reviews. *The Sport Psychologist, 31*(1), 101-102. doi:10.1123/tsp.2016-0107.
- 1. **Coker-Cranney, A.M.** (2013). Coalition for the Advancement of Graduate Training in the Practice of Sport Psychology concludes first meeting. *Association for Applied Sport Psychology Spring 2013 Newsletter, 28*(1), 19-20.

#### STUDENT RESEARCH COMMITTEES

#### **Student Dissertations**

BPNT and Effective Athlete Mental Health Referrals

2021-present

West Virginia University, Morgantown, WV Dissertation Committee Member

\*Partially funded by AASP Foundation Grant

Clinical MPC Perceptions of Athlete Mental Health Resources and Support

2019-2021

West Virginia University, Morgantown, WV

Dissertation Committee Member

Successfully defended March 11, 2021, published 2020

Law Enforcement Officers' Experiences with Stress

2019-2021

Rocky Mountain University, Provo, UT

Dissertation Committee Member—withdrew from committee due to health complications

Baseball Players' Perceptions of Walk-Up Music

2019-2020

West Virginia University, Morgantown, WV

Dissertation Committee Member

Successfully defended July 16, 2020, submitted 2020

### **Student Theses**

Body Image and Sport Participation

2016-2018

Ball State University, Muncie, IN

Thesis Committee Member

Successfully defended June 7, 2018, published 2022

State Anxiety and Pain Perception Ball State University, Muncie, IN

2016-2018

Thesis Committee Member

Successfully defended May 29, 2018

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SPORT PSYCHOLOGY (G, UG)	SOCIOLOGY OF SPORT (H, UG)	SOCIAL PSYCHOLOGY OF SPORT (G, UG)	INTRO TO ESS/ RESEARCH METHODS (UG)	PSYCHOLOGY OF INJURY (G, UG)	EXERCISE PSYCHOLOGY (UG)
4	2	2	1	3	7
APPLIED SPORT PSYCHOLOGY (UG, G)	HUMAN APPRAISAL IN COUNSELING (G)	SPORT DEVIANCE (H, UG)	SPORT PSYCHOLOGY PRACTICUM (G)	ADVANCED MEASUREMENT/ DESIGN (STATS) (G)	OTHER (G, UG)

\*Other courses as instructor of record: Motor Learning and Performance (undergraduate, graduate), Principles and Problems in Coaching (undergraduate), Research Design (graduate), Professional Issues in Sport Psychology (undergraduate), Sport and Society (honors undergraduate), Mental Toughness (honors undergraduate)

#### **Post-Graduate Teaching Experience**

#### Instructor of Record:

#### **Assistant Professor** 2023-present

West Virginia University, College of Applied Human Services

7-30 students per section. Two courses taught per semester. Class taught in person.

2023

West Virginia University, College of Applied Human Services

9 students per section. One course taught per semester. Class taught in person.

2020-2023

Randolph College, Master of Coaching and Leadership Studies Program 7-10 students per section. One course taught per quarter. Classes taught online.

#### Visiting Instructor

West Virginia University, College of Physical Activity and Sport Science 1-3 courses per semester; 12-75 students per section. Classes taught online and onsite.

Instructor 2018-2019, 2022

West Virginia University, Honors College

- 1-2 courses per semester; 11-25 students per section. Classes taught on-site.
- \*Designed and taught Faith. Focus. Fight., Pushing Too Far in Sport

**Instructor** 2019-2020

West Virginia University, College of Education and Human Services

25 students per section. One course taught per semester. Classes taught on-site and online.

### **Interim Adjunct Instructor**

2016-2017

Ball State University, School of Kinesiology

2-3 courses per semester; 10-30 students per section. Classes taught online until permanent position was filled.

#### Invited Guest Lecturer:

- Sport and Exercise Psychology 727: Ethical and Legal Issues in Sport and Exercise Psychology
  - West Virginia University, College of Applied Human Services Lecture Topic: Private Practice Ethics (Fall 2022)
- Sport and Exercise Psychology 647: Sport Psychology Supervision West Virginia University, College of Applied Human Services Lecture Topic: Private Practice Consultation (Fall 2022)
- Kinesiology and Health Professions 605: Psychological Aspects of Sport Injury University of Kentucky, College of Education Lecture Topic: Sport Deviance and Athletic Injury (Summer 2021)
- Sport Management 680: Sociocultural and Ethical Dimensions in Sport West Virginia University, College of Physical Activity and Sport Sciences Lecture Topic: Sport Deviance (Spring 2017, Fall 2017, Fall 2018, Fall 2019)
- Sport and Exercise Psychology 719: Group Influences in Sport West Virginia University, College of Physical Activity and Sport Sciences Lecture Topic: Using Social Psychology in Practice (Spring 2017)

### **Graduate Teaching Experience**

#### Instructor of Record:

### **Graduate Teaching Assistant**

2012-2015

West Virginia University, College of Physical Activity and Sport Science 2-3 sections per semester; 25-50 students per section. Classes taught on-site or online. \*Designed and taught Sport Deviance.

#### **Graduate Teaching Assistant**

2010-2011

University of Utah, Department of Exercise & Sport Science 2 sections per semester; 40-50 students per section. Courses taught on-site.

### Teaching Assistant:

 Psychological Perspectives of Sport (ESS 2600) University of Utah, Department of Exercise & Sport Science 2009-2010

Sport in American Society (ESS 2650) University of Utah, Department of Exercise & Sport Science 2009

### **Undergraduate Teaching Experience**

#### Teaching/Laboratory Assistant:

- Kinesiology/Biomechanics (PEP 300) 2005-2007 University of Idaho, College of Education, Health, and Human Services Washington State University, College of Education
- Human Anatomy (BIOL 120) University of Idaho, College of Science

2003

#### APPLIED EXPERIENCE

10+

5+

3+

YEARS SPORT CONSULTING YEARS PERFORMANCE CONSULTING

YEARS AS A MENTAL HEALTH PRACTITIONER (LPC)

#### **CONSULTING POPULATIONS:**

- Baseball
- Basketball
- Dance/Cheer
- Equestrian
- Figure Skating
- Football
- Golf

- Gymnastics
- Rowing
- Soccer
- Softball
- SWAT/Police
- Swimming
- Tennis
- T&F/XC

#### **COUNSELING POPULATIONS:**

- University Student-Athletes
- Community Members
- Military Servicemen/women
- Military Spouses/Significant Others
- Military Veterans

#### Executive Director

Whole Brain Performance, Morgantown, WV

Created division of Whole Brain Solutions aimed at improving individual, team, and organizational performance. Additional available services included mentorship for CMPC applicants and the development of associated internship program.

### Psychotherapist (LPC, WVBEC; EMDR-T)

2019-present

2021-present

Whole Brain Solutions, Morgantown, WV

Provided mental training and psychotherapy services for community clients, with a focus on trauma-related disorders. Co-created fellowship program for sport counseling. Created Whole Brain Performance, a division of Whole Brain Solutions dedicated to performance enhancement for performers in work and leisure.

### **Owner, Sport and Performance Consultant**

2016-present

MindRight Performance Consulting, LLC, Morgantown, WV

Contracted to provide mental training services to Division I collegiate athletes and coaches.

#### **Behavior Change Specialist**

2016-2019

Finding Wellness, Morgantown, WV

Provided mental training services for a community program to initiate and maintain healthy lifestyle habits.

#### WVU Sport Psychology Doctoral Internship

2011-2016

Sport Psychology Consultant

West Virginia University, Morgantown, WV

- Varsity Athletic Teams
   Worked with individual Division I athletes as well as teams and coaching staff.
- Lifetime Activities Program—Community Consulting Outreach
  Worked with youth athletes and parents from the community.

### WVU Counseling Master's Practicum/Internship

2013-2014

Counseling Intern

West Virginia University, Morgantown, WV

 Mindfit/Carruth Counseling Center
 Worked with individual athletes and general college students. Provided screenings for ADHD symptomology, conducted Learning Disability batteries (i.e., interview, IVA+, Woodcock-Johnson Test of Achievement-III, Wechsler Adult Intelligence Scale-IV, Delis-Kaplan Executive Function System), provided academic skills counseling, and applied mental training software to enhance cognitive functioning.

- Morgantown Vet Center Provided individual and group counseling to military veterans of the Vietnam War, Gulf War, and Global War on Terrorism, as well as their spouses/significant others.
- Waynesburg University Counseling Center, Athletics Department Provided individual counseling to Division III athletes and general college students/staff, performance enhancement consulting to coaches, teams, and athletes.

### U of U Psychosocial Aspects of Sport Master's Internship

2009-2011

Sport Psychology Consultant

University of Utah, Salt Lake City, UT

- College Varsity Athletics Worked with individual Division I athletes.
- High School Varsity Athletics Worked with high school teams and athletes.
- **SWAT**

Worked with an inter-agency team.

- Police Academy Worked with Academy instructors.
- Youth Sport Worked with youth teams.

### **Utah Sport Psychology Research Team (USPRT)**

2009-2010

Sport Psychology Consultant University of Utah, Salt Lake City, UT

- Community Workshop Series Co-Leader
  - Eyes on the Prize: Improving Focus and Concentration in Sport
  - Think Minutes Not Miles: Improving Exercise Adherence

#### **LICENSES**

### **Licensed Professional Counselor, #2572** West Virginia Board of Examiners for Counselors

2021 to present

Provisionally Licensed Counselor, #681 West Virginia Board of Examiners for Counselors 2019-2021

#### CERTIFICATIONS

Online CE Credits

#### **Certified Mental Performance Consultant**

2016

Association for Applied Sport Psychology, #591, Recertification required 2026 \*Approved CMPC Mentor

### Eye Movement Desensitization and Reprocessing-Certified

in progress

Eye Movement Desensitization and Reprocessing International Association

Certificate in Neuropsychotherapy

in progress

## **Neural Desensitization Integration Training Certification**

anticipated 2024

Level 1 Training May 2023, Level 2 Training anticipated May 2024

#### ADDITIONAL TRAINING/CONTINUING EDUCATION

#### Additional Training

Acceptance and Commitment Therapy in Practice Online	in progress
<b>Neural Desensitization Integration Training—Level 1</b> <i>Online</i>	2023
Trauma-Focused Acceptance and Commitment Therapy Online	2022
Acceptance and Commitment Therapy—Part 1 Harrisburg, PA	2019
Eye Movement Desensitization Reprocessing (EMDR-T)  Morgantown, WV	2015, 2019
Clinical Hypnosis—Beginner  Morgantown, WV	2012
Continuing Education/Specialized Topics	
Acceptance and Commitment Therapy for Burnout Online	2021
<b>Expert Strategies for Working with Traumatic Memory</b> <i>Online</i>	2020
Somatic Approaches to Trauma Online	2020

#### SUPERVISION/MENTORSHIP EXPERIENCE

**Executive Director** 2021-present

Created internship program and associated manual for combined mental health counseling/mental performance consultation development. Acted as primary supervisor for all internship/practicum students. Secondary supervisor for performance enhancement fellow. Provided professional mental performance mentorship towards CMPC certification through Whole Brain Performance practice.

### **Course: Clinical Supervision Success**

in progress

Combination course for 18.75 credits towards ethical supervision, online supervision, and general supervision best practices.

### Applied Sport Psychology Mentor/Supervisor

2016-2021

Applied a developmental approach to supervision to mentor graduate students' and career professionals' provision of applied sport psychology services through private practice.

#### Instructor: Graduate School Preparation (SEP 312)

2015

Taught undergraduate course to prepare students to apply to graduate school; mentored individual students in qualitative research.

**Meta-Supervision** 2012-2016

Provided supervision to fellow student consultant, received supervision about supervision experience.

#### **Course: Models of Supervision**

2014

Completed academic counseling course in the models and practice of supervision.

### **Graduate Student Mentor**

2012-2016

Provided general graduate mentorship to two incoming graduate students.

•	Golden Key International Honors Society-West Virginia University	2012
•	WVU Provost Graduate Fellowship	2011
•	U of U R.O. Ruhling Scholarship	2010
•	U of U ESS Outstanding Achievement Award	2010
•	Golden Key International Honors Society-University of Utah	2009
•	Rho Lambda-University of Idaho	2005
•	USAA National Collegiate Education Award	2004
•	National Society for Collegiate Scholars-University of Idaho	2003
•	Phi Eta Sigma-University of Idaho	2003

#### NATIONAL ORGANIZATION MEMBERSHIPS

- American Counseling Association

- American Psychological Association, Division 47
  Association for Applied Sport Psychology
  Association for Contextual and Behavioral Science
- North American Society for the Sociology of Sport National Eating Disorder Association