Informational Interview/Career Chat

Overview:

An informational interview is simply a conversation with alumni or professionals in the field you're interested in.

- Ask real questions, get honest advice, and hear directly from people who've been there.
- Learn what it's really like to work in the industry, explore different career paths, and find out which skills employers actually value.
- Use these conversations to sort through your options, set clearer goals, and make more confident career decisions.
- Plus, you'll grow your network—which might lead to mentorship, internships, or even job opportunities down the road.

To get started, reach out to a professional, let them know you'd like to learn more about their career, and request a short meeting. Come prepared with thoughtful questions, listen closely, and be open to what you hear. It's a simple but powerful way to learn, grow, and take charge of your career journey.

Sample Questions:

- 1. Can you share a little about your career journey? What led you to this field?
- Were there any pivotal moments, challenges, or turning points in your career?
- 3. What were your first internships or jobs like? Where did you complete them? How did they shape your career?
- 4. How has your career evolved over time, and what have been some of the biggest lessons you've learned along the way?
- 5. What advice do you have for students looking to break into this field?
- 6. What skills or experiences helped you the most in your career?
- 7. Are there any professional organizations, conferences, or networking opportunities you recommend?
- 8. Are there any common misconceptions students have about this career path?
- 9. What are some practical steps students can take to build a strong foundation for a career in this field?

- 10. Are there internships, projects, or experiences you recommend students seek out?
- 11. If you could go back in time, what advice would you give your younger self when starting out?

Always follow up afterward with a thank-you note. If you learned something especially helpful, let them know. It shows appreciation and helps the connection stick.

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