# DANA K. VOELKER, PHD, CMPC

# ASSOCIATE PROFESSOR AND SCHOOL DIRECTOR WEST VIRGINIA UNIVERSITY

SCHOOL OF SPORT SCIENCES, COLLEGE OF APPLIED HUMAN SCIENCES P.O. Box 6116, 375 Birch Street, Morgantown, WV 26506 DKVOELKER@MAIL.WVU.EDU, (304) 293-0871

#### **EDUCATION**

Doctor of Philosophy (2012), Michigan State University

Major Area of Study: Kinesiology

Concentration: Psychosocial Aspects of Sport & Physical Activity

Advisor: Dan Gould, PhD

Master of Arts (2010), Michigan State University

Major Area of Study: Counseling Advisor: Douglas Neil, PhD

Bachelor of Arts (2007) – Highest Distinction, Pennsylvania State University

Major Area of Study: Psychology

Minor Area of Study: Movement Science

#### **SPECIALIZED TRAINING**

Certified Mental Performance Consultant ® (CMPC)

Association for Applied Sport Psychology (#427) 2012 – Present

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National Certified Counselor (NCC)

National Board for Certified Counselors (#301766) 2012 – 2013

#### PROFESSIONAL EMPLOYMENT

School Director, West Virginia University

School of Sport Sciences Summer 2023 – Present

Associate School Director, West Virginia University

School of Sport Sciences Summer 2022 – Spring 2023

Director of Undergraduate Online Education, West Virginia University

College of Physical Activity and Sport Sciences Spring 2021 – Summer 2022

Associate Professor – Tenured, West Virginia University

College of Physical Activity and Sport Sciences Fall 2020 – Present

#### Assistant Professor – Tenure-Track, West Virginia University

College of Physical Activity and Sport Sciences Fall 2014 – Spring 2020

## Assistant Professor – Tenure-Track, The College at Brockport, State University of New York

Department of Kinesiology, Sport Studies, & Physical Education Fall 2012 – Spring 2014

## Graduate Research Assistant, Michigan State University

Institute for the Study of Youth Sports Fall 2007 – Summer 2012

#### Graduate Teaching Assistant, Michigan State University

Department of Kinesiology Fall 2007 – Spring 2011

#### Undergraduate Research Assistant, Pennsylvania State University

Sport Psychology Lab, Department of Kinesiology, Spring 2007 Concussion Program, Department of Psychology, Spring 2006 – Fall 2006 Cognitive Psychology Lab, Department of Psychology, Fall 2005 – Spring 2007

## SELECTED HONORS, AWARDS, & FELLOWSHIPS

#### 2023 Outstanding Teacher Nomination

College of Applied Human Sciences, West Virginia University

#### **2022**, 2021, 2020, 2019, 2018, 2017, 2016 Excellence in Research Distinction

College of Physical Activity & Sport Sciences, West Virginia University Recognized for excellent performance in research.

## **2022**, 2021, 2020, 2019, 2018, 2017, 2016 Excellence in Teaching Distinction

College of Physical Activity & Sport Sciences, West Virginia University Recognized for excellent performance in teaching.

#### 2022, 2021 Excellence in Service Distinction

College of Physical Activity & Sport Sciences, West Virginia University Recognized for excellent performance in service.

#### 2020 Diane Gill Paper of the Year [Awarded in 2021]

Women in Sport and Physical Activity Journal

Recognizes high quality research that challenges current thinking, offers novel insights about a topic, and/or provides relevancy to a timely topic focused on women and girls in physical activity settings, making a significant contribution to the field [Recognized research – **Voelker**, **D. K.** & Reel, J. J. (2020). "It's just a lot different being male than female in the sport" An exploration of the gendered culture around body pressures in competitive figure skating. *Women in Sport & Physical Activity Journal*, 28(1), 11-19. https://doi.org/10.1123/wspaj.2018-0030]

#### 2020 Provost Letter

Office of the Provost, West Virginia University
Recognized for excellent teaching and service to students during the COVID-19 global pandemic.

#### 2020, 2018 Researcher of the Year Award

College of Physical Activity & Sport Sciences, West Virginia University

Awarded to the CPASS faculty member who has demonstrated outstanding performance in research.

#### 2019 WVU Outstanding Star Teacher Recognition

West Virginia University

Recognized as among the University's best teachers by President E. Gordon Gee, Dean Dana Brooks, Associate Dean Jack Watson, and media relations.

# 2019 WVU Football Professors Day Recognition

West Virginia University Football Program

Selected by a student-athlete member of the West Virginia University football team to be recognized at a celebration and appreciation event for chosen faculty and staff.

#### 2018 Dorothy V. Harris Memorial Award

Association for Applied Sport Psychology

Awarded (\$550) to an early career professional who has made significant contributions to AASP and demonstrated a record of scholarship that clearly establishes the individual as a leading scientist-practitioner when compared to peers at similar stages of their careers. This award is in honor of the distinguished contributions of Dr. Dot Harris (1931-1991) to the sport psychology field.

# 2018 WVU Foundation Award for Outstanding Teaching

West Virginia University

Awarded (\$5,000) to faculty who demonstrate exceptional teaching and innovation in teaching methods, course and curriculum design, and instructional tools.

#### 2018 APA Division 47 Professional Poster Award Finalist

Society for Sport, Exercise, & Performance Psychology (Division 47), American Psychological Association Conference abstract selected for entry into best professional poster competition.

#### 2017 Teacher of the Year Award

College of Physical Activity & Sport Sciences, West Virginia University

Awarded to the CPASS faculty member who has demonstrated outstanding performance in teaching.

# 2014 First Place SUNY Tools of Engagement Project Award

The State University of New York

Professional development stipend (\$300) awarded to those SUNY Tools of Engagement Project members who demonstrated the most pedagogically intriguing use of online tools in an educational setting.

#### 2012 Ruth Abernathy Presidential Scholarship

American Alliance for Health, Physical Education, Recreation, and Dance

Awarded to two outstanding graduate students at the national level who demonstrate scholastic proficiency, evidence of leadership, school, community, and professional activity/service, and exemplary character attributes.

# 2011 Outstanding Doctoral Degree Student Award

Department of Kinesiology, Michigan State University

Awarded to the student who has an exemplary record of scholarship, public service, and/or teaching and contributes to the scholarly climate in the department.

#### 2011 Executive Board Recognition of Exceptional Leadership, Commitment, and Dedication

Association for Applied Sport Psychology

Recognized for exceptional leadership, commitment, and dedication during time of service as an elected member of the AASP Executive Board (Student Representative).

#### 2010 Kinesiology Endowed Fellowship

Department of Kinesiology, Michigan State University

Awarded (\$300) to the graduate student who has demonstrated exemplary motivation and capacity to achieve educational and professional goals and initiative to go beyond ordinary expectations in their professional behavior and development.

#### 2010, 2009 Masters in Counseling Distinguished Professionalism Award

Department of Counseling, Michigan State University

Awarded to masters in counseling students who have demonstrated an understanding and application of the scientist-practitioner model within the academic year and who have displayed excellence through their practice and research efforts.

#### 2010, 2009 Masters in Counseling Scholastic Achievement & Educational Excellence

Department of Counseling, Michigan State University

Awarded to masters in counseling students who have demonstrated a commitment to scholarly distinction throughout the academic year and displayed excellence throughout the entirety of their coursework.

#### 2009 Certifying Examination Honors Award

Department of Counseling, Michigan State University

Awarded to students who earned honors of distinction for their performance on the required Certifying Examination, a comprehensive assessment of general knowledge acquired in all required core coursework for the masters in counseling program.

# 2008 Wohlgamuth Memorial Fellowship for the Study of Youth in Sports

Institute for the Study of Youth Sports, Michigan State University

Fellowship (\$15,000) awarded to a masters or doctoral student who will begin and complete a research project in the area of youth sports.

#### 2007 Michigan State University Distinguished Fellowship Award

The Graduate School, Michigan State University

Fellowship (\$23,000) awarded to doctoral students recognized for their academic achievement, research goals, demonstrated leadership potential, and contribution to a diverse educational community.

## **GRANTS**

\* = Signifies student co-authors

# GRANT PROPOSAL DEVELOPMENT SKILLS TRAINING

- WVCTSI NIH R03 Grant Writing Group Participant (10 Weeks, Competitive Application Required)
   West Virginia Clinical and Translational Science Institute, Morgantown, WV
   November 13th, 2018 January 15th, 2019
- Foundation Center Proposal Writing Bootcamp Participant (3 Days, Supported by College of Physical Activity & Sport Sciences Faculty Development Grant \$1,200)

  Foundation Center, Washington, D.C.

June 24<sup>th</sup>, 2015 – June 26<sup>th</sup>, 2015

#### **CONTRACTS**

2023: Voelker, D. K. (Role: PI) & Zizzi, S.

Clinical Fellow, Dr. Zenzi Huysmans

Whole Brain Solutions & WVU School of Sport Sciences

Renewed: \$51,045

2022: Voelker, D. K. (Role: PI) & Zizzi, S.

Clinical Fellow, Dr. Zenzi Huysmans

Whole Brain Solutions & WVU School of Sport Sciences

Renewed: \$51,045

#### FUNDED EXTERNAL GRANTS

8. 2023: Elliott, E., Bulger, S.,\* McCartney, K.,\* Murphy, E.,\*, Tsuda, E.,\* Voelker, D. K. (Role: Co-I, Lead Evaluator),\* Wyant, J.,\* & Zizzi, S. \* WV Healthy Schools in Action. *US DHHS-CDC-National Center for Chronic Disease Prevention & Health Promotion*.

Funded: \$390,000/year [5 Years]

- 7. 2022: Ugrenovic, L., Voelker, D. K. [Senior Author, Co-I], Raabe, J., Cranney, A. Exploring Basic Psychological Needs Theory as a Framework for Effective Mental Health Referral Among Collegiate Student Athletes Association for Applied Sport Psychology Foundation Community Outreach/Research Seed Grant Funded: \$500
- 6. 2022: Visek, A. J., Neirotti, L. D., Voelker, D. K. (Role: Co-I), Alkhraji, M., & AlSuwailem, F. Identifying Barriers and Motivations of Sport Participation among Saudi Arabian Youth: A Mapping Approach to Guide and Support Policy and Programming Design to Engage More Youth Saudi Arabia Ministry of Sport (Leaders Development Institute)

Funded: \$118,695

5. 2019: Fairhurst, K. E.\* & Voelker, D. K. (Role: PI, Senior Author)

A Phenomenological PhotoVoice Exploration of Female Exercisers' Experiences of their Body in Fitness Center Environments

Association for Applied Sport Psychology Research Grant

Funded: \$1,335

4. 2019: Voelker, D. K. (Role: PI), Wyant, J. & Bulger, S.

Trading Spaces, Pedagogies, & Technologies: Using the 4 Aces of Effective Teaching to Implement and Evaluate a University Active Learning Center

Steelcase Education Active Learning Center Grant

Funded: \$67,000

Steelcase Education Active Learning Center Time Lapse Renovation Video

3. 2016: Voelker, D. K. (Role: PI) & Petrie, T. A.

Bodies in Motion: An Evaluation of a Program to Promote Healthy Body Image in Female Collegiate Athletes NCAA Innovations in Research and Practice Grant

Funded: \$20,500

2. 2014: Reel, J. J., Galli, N., Miyairi, M., Greenleaf, C., & Voelker, D. K. (Role: Co-I)

Development and Validation of the Intuitive Exercise Scale

Avalon Hills Foundation

Funded: \$3,000

1. 2013: **Voelker, D. K. (Role: PI)** & Reel, J. J.

A Qualitative Exploration of Weight Pressures, Body Image, Exercise, and Eating Behaviors in Figure Skaters Association for Applied Sport Psychology Research Grant

Funded: \$1,500

#### **FUNDED INTERNAL GRANTS**

#### 6. 2018: Voelker, D. K. (Role: Project Leader)

Internationalize Your Classroom

Collaborative Online International Learning Mini-Grant Program

College of Physical Activity and Sport Sciences, West Virginia University

Funded: \$1,600

## 5. 2016: Fairhurst, K. E.\* & Voelker, D. K. (Role: PI, Senior Author)

Body Ideal and Weight-Related Communication with Female Athletes in Judged Sports: The Coach Perspective Sport & Exercise Psychology Doctoral Research Support Program

Department of Sport Sciences, West Virginia University

Funded: \$2,433

# 4. 2016: Voelker, D. K. & Zizzi, S. (Role: Project Leader)

Biofeedback Technology for Use in the Undergraduate SEP Program

Dr. Sara Cree Endowment to Support the Integration of Technology in the Curriculum

College of Physical Activity & Sport Sciences, West Virginia University

Funded: \$4,752

#### 3. 2015: Voelker, D. K. (Role: PI)

Implementation and Evaluation of Bodies in Motion

Faculty Research Grant Program

College of Physical Activity & Sport Sciences, West Virginia University

Funded: \$1,920

#### 2. 2013: Voelker, D. K. (Role: PI)

A Qualitative Exploration of Weight Pressures, Body Image, Exercise, and Eating Behaviors in Figure Skaters

Pre-Tenure Grant Development Award

The College at Brockport, State University of New York

Funded: \$2,000

#### 1. 2011: Voelker, D. K. (Role: PI)

Disordered Eating in Figure Skaters: A Preliminary Examination of Psychological Contributors

Research Practicum/Research Development Fellowship

College of Education, Michigan State University

Funded: \$2,500

#### REFEREED PUBLICATIONS

#### **PUBLISHED**

- 35. **Voelker, D. K.**, Bulger, S., Tsuda, E., & Wyant, J. (accepted). Internationalizing at home: Examining US students' intercutlural effectiveness across a collaborative online international learning experience in kinesiology courses. *International Journal of Kinesiology in Higher Education*.
- 34. Hansell, A.,\* Voelker, D. K. [Senior Author], España-Pérez, S., Watson, J. C., Luzynski, C., Bravo, G., Giacobbi Jr., P., Gonzalez Gallegos, A. (Accepted). An exploration and reflection of Mexican perceptions of the United States and Americans following a short-term sport for development initiative. *Journal of Sport for Development*.

<sup>\*</sup>Signifies student co-authors

<sup>\*</sup>Denotes authors who contributed equally

- 33. Wyant, J., Tsuda, E., **Voelker,** D. K., Bulger, S., & Barnicle, S. (2023). Integrating collaborative online international learning into kinesiology coursework. *Journal on Excellence in College Teaching*, 34 (2), 189-203.
- 32. **Voelker, D. K.,** Wyant, J., Wayda, V., & Bulger, S. M. (Prepublication Online). Trading spaces, pedagogies, and technologies: Developing a university active learning center via public-private partnership. *International Journal of Kinesiology in Higher Education*. https://doi.org/10.1080/24711616.2022.2032495
- 31. Baker, K., Bopp, M., Bulger, S. M., Chen, Y., Duffey, M. L., Myers, B., Voelker, D. K., & Woodard, K. F. (2022). Kinesiology faculty reflections on COVID-19 and future directions in online education. *Kinesiology Review*, 11(4), 303-310. https://doi.org/10.1123/kr.2022-0017
- 30. Barrett, S.\*, Petrie, T., Voelker, D. K., & Jackson, R. (2022). Body satisfaction and psychological well-being of retired women athletes: A long-term qualitative analysis of Bodies in Motion. *Body Image*, 43, 143-153. <a href="https://doi.org/10.1016/j.bodyim.2022.08.009">https://doi.org/10.1016/j.bodyim.2022.08.009</a> Society for Sport, Exercise, & Performance Psychology Dissertation Award [APA Division 47]
- 29. **Voelker, D. K.,**\* Visek, A. J.,\* Learner, J.,\* & Dibiasio, M.\* (2022). Toward understanding of coaches' role in athletes' eating pathology: A systematic review and ecological application to advance research. *Psychology of Sport and Exercise*, 58. <a href="https://doi.org/10.1016/j.psychsport.2021.102059">https://doi.org/10.1016/j.psychsport.2021.102059</a>
- 28. **Voelker, D. K.,** Galli, N., Miyairi, M., Reel, J., & James, K. (2022). Validation of the Intuitive Exercise Scale in patients with eating disorders. *Journal of Clinical Sport Psychology*, *16*(2), 165-181. <a href="https://doi.org/10.1123/jcsp.2021-0033">https://doi.org/10.1123/jcsp.2021-0033</a>
- 27. Maurice, S.,\* Voelker, D. K. [Senior Author], Kuklick, C., & Byrd, M. (2021). "We don't always get it right": Coaches' perspectives on providing social support to injured athletes. *Sports Coaching Review*, 10(1), 295-324. https://doi.org/10.1080/21640629.2021.1897244
- 26. **Voelker, D. K.**, Petrie, T. A., Fairhurst, K. E.,\* & Casanave, K.\* (2021). "My body loves me, so I should love it back" A qualitative evaluation of the Bodies in Motion program with female collegiate athletes. *Sport, Exercise, and Performance Psychology*, 10, 43-58. https://doi.org/10.1037/spy0000211
- 25. Hansell, A.,\* Giacobbi, P., & **Voelker, D. K. [Senior Author]** (2021). A scoping review of sport-based health promotion interventions with youth in Africa. *Health Promotion Practice*, *22*, 31-40. https://doi.org/10.1177%2F1524839920914916
- 24. **Voelker, D. K.** & Reel, J. J. (2020). "It's just a lot different being male than female in the sport" An exploration of the gendered culture around body pressures in competitive figure skating. *Women in Sport & Physical Activity Journal*, 28(1), 11-19. https://doi.org/10.1123/wspaj.2018-0030 *Diane Gill Paper of the Year*
- 23. **Voelker, D. K.,** Petrie, T. A., Huang, Q.,\* & Chandran, A. (2019). Bodies in Motion: An empirical evaluation of a program to support positive body image in female collegiate athletes. *Body Image*, *28*, 149-158. https://doi.org/10.1016/j.bodyim.2019.01.008
- 22. **Voelker, D. K.,** Martin, E., Blanton, J., & Gould, D. (2019). Views and practices of high school coaches on the education and training of team captains in leadership. *Journal of Leadership Education*, 18(2), 181-196. doi: 10.12806/V18/I2/R2
- 21. Halbrook, M. K.,\* Watson II, J. C., & **Voelker, D. K.** (2019). High school coaches' experiences with openly lesbian, gay, and bisexual athletes. *Journal of Homosexuality*, 66(6), 838-856. https://doi.org/10.1080/00918369.2017.1423222

- 20. **Voelker, D. K**. & Reel, J. J. (2018). An inductive thematic analysis of male competitive figure skaters' experiences of weight pressure in sport. *Journal of Clinical Sport Psychology*, 12(4), 614-629. <a href="https://doi.org/10.1123/jcsp.2018-0045">https://doi.org/10.1123/jcsp.2018-0045</a>
- 19. **Voelker, D. K.** & Reel, J. J. (2018). Researching eating disorders and body image in sport: Challenges and recommendations. *Journal of Clinical Sport Psychology*, 12(4), 473-479. https://doi.org/10.1123/jcsp.2018-0017
- 18. **Voelker, D. K.** & Harvey, S. (2018). Women in pursuit of the sports coaching profession: Challenges and solutions. *Sage Business Cases: Women & Leadership Series*. http://dx.doi.org/10.4135/9781526437198
- 17. Coker-Cranney, A.,\* Watson II, J. C., Bernstein, M., **Voelker, D. K.** & Coakley, J. (2018). How far is too far? Understanding identity and overconformity in collegiate male wrestlers. *Qualitative Research in Sport, Exercise and Health, 10*(1), 92-116. http://dx.doi.org/10.1080/2159676X.2017.1372798
- Reel, J. J., Podlog, L., Hamilton, L., Greviskes, L., Voelker, D. K., & Gray, C. (2018). Injury and disordered eating behaviors: What is the connection for female professional dancers? *Journal of Clinical Sport Psychology*, 12(3), 365-381. https://doi.org/10.1123/jcsp.2017-0007
- 15. **Voelker, D. K.**, Petrie, T. A., Reel, J. J., & Gould, D. (2018). Frequency and psychosocial correlates of eating disorder symptomatology in male figure skaters. *Journal of Applied Sport Psychology, 30*(1), 119-126. <a href="http://dx.doi.org/10.1080/10413200.2017.1325416">http://dx.doi.org/10.1080/10413200.2017.1325416</a>
- 14. Harvey, S., **Voelker, D. K.**, Cope, E., & Dieffenbach, K. (2017). Navigating the leadership labyrinth: Barriers and supports of a woman collegiate coach in a 20-year leadership role. *Sports Coaching Review*, 7(1), 45-62. <a href="http://dx.doi.org/10.1080/21640629.2017.1353232">http://dx.doi.org/10.1080/21640629.2017.1353232</a>
- 13. Shrout, M.,\* Voelker, D. K. [Senior Author], Munro, G., & Kubitz, K. (2017). Associations between sport experience, goal and sportspersonship orientations, and moral reasoning. *Ethics and Behavior*, 27(6), 502-518. <a href="https://doi.org/10.1080/10508422.2016.1233494">https://doi.org/10.1080/10508422.2016.1233494</a>
- 12. **Voelker, D. K.,** Petrie, T. A., Neumann, C. S., & Anderson, C. M. (2016). Psychosocial factors as longitudinal predictors of bulimic symptomatology among female collegiate athletes. *Psychology of Sport & Exercise*, *26*, 123-129. http://dx.doi.org/10.1016/j.psychsport.2016.06.009
- 11. Reel, J. J., Galli, N., Miyairi, M., Voelker, D. K. & Greenleaf, C. (2016). Development and validation of the Intuitive Exercise Scale. *Eating Behaviors*, 22, 129-132. <a href="http://dx.doi.org/10.1016/j.eatbeh.2016.06.013">http://dx.doi.org/10.1016/j.eatbeh.2016.06.013</a>
- Monda, S. J, Voelker, D. K., Kimball, A. C., & Cardone, D. (2016). The Student Athlete Leadership Academy: Ten years of interscholastic sport leadership training. *Journal of Sport Psychology in Action*, 7(2), 98-108. https://doi.org/10.1080/21520704.2016.1179237
- 9. **Voelker, D. K.** (2016). Promoting the leadership development of girls through physical education and sport. *Journal of Physical Education, Recreation, and Dance, 87*(3), 9-15. <a href="https://doi.org/10.1080/07303084.2015.1131213">https://doi.org/10.1080/07303084.2015.1131213</a>
- 8. **Voelker, D. K.** & Reel, J. J. (2015). An inductive thematic analysis of competitive female figure skaters' experiences of weight pressure in sport. *Journal of Clinical Sport Psychology*, *9*(4), 297-316. <a href="http://dx.doi.org/10.1123/jcsp.2015-0012">http://dx.doi.org/10.1123/jcsp.2015-0012</a>
- 7. **Voelker, D. K.,** Reel, J. J., & Greenleaf, C. (2015). Weight status and body image perceptions in adolescents: Current perspectives. *Adolescent Health, Medicine, and Therapeutics, 6,* 149-158. <a href="http://dx.doi.org/10.2147/AHMT.S68344">http://dx.doi.org/10.2147/AHMT.S68344</a>
- 6. **Voelker, D. K.,** Gould, D.\* & Reel, J. J.\* (2014). Prevalence and correlates of disordered eating in female figure skaters. *Psychology of Sport & Exercise*, *15*(6), 696-704. http://dx.doi.org/10.1016/j.psychsport.2013.12.002

- 5. **Voelker, D. K.** (2014). Education is a marathon; not a sprint: The importance of continuing education in applied sport and exercise psychology. *Athletic Insight*, *6*(3), 277-292.
- 4. Gould, D., **Voelker, D. K.**, & Griffes, K. (2013). Best coaching practices for developing team captains. *The Sport Psychologist*, 27(1), 13-26. <a href="https://doi.org/10.1123/tsp.27.1.13">https://doi.org/10.1123/tsp.27.1.13</a>
- 3. Gould, D. & Voelker, D. K. (2012). Enhancing youth leadership through sport and physical education. *Journal of Physical Education, Recreation, and Dance*, 83(8), 38-41. <a href="https://doi.org/10.1080/07303084.2012.10598828">https://doi.org/10.1080/07303084.2012.10598828</a>
- 2. **Voelker, D. K.**, Gould, D., & Crawford M. J. (2011). Understanding the experience of high school sport captains. *The Sport Psychologist*, 25(1), 47-66. <a href="https://doi.org/10.1123/tsp.25.1.47">https://doi.org/10.1123/tsp.25.1.47</a>
- 1. Gould, D., & **Voelker**, **D. K.** (2010). Youth sport leadership development: Leveraging the sports captaincy experience. *Journal of Sport Psychology in Action*, *I*(1), 1-14. <a href="https://doi.org/10.1080/21520704.2010.497695">https://doi.org/10.1080/21520704.2010.497695</a>

## **BOOK CHAPTERS & CONTRIBUTIONS**

- 16. **Voelker, D. K.**, Coker-Cranney, A., Hetrick, A., & Freshour, N. (2019). Jaimee Jacobsen: Junior collegiate volleyball player. In M. Arvinen-Barrow & D. Clement (Eds.), *The Psychology of Sport and Performance Injury: An Interprofessional Case-Based Approach* (pp. 80-98). London: Routledge.
- 15. Voelker, D. K., & Galli, N. (2019). *Eating disorders in competitive sport and dance*. In M. H. Anshel, T. A. Petrie, & J. A. Steinfeldt (Eds.), *APA handbooks in psychology series*. *APA handbook of sport and exercise psychology, Vol. 1. Sport psychology* (p. 585–599). American Psychological Association. <a href="https://doi.org/10.1037/0000123-029">https://doi.org/10.1037/0000123-029</a>
- 14. **Voelker, D. K.** & Schroeder, L. (2018). More than just a coach: Developing awareness of eating disorders and body image concerns in sport. In R. Thelwell & M. Dicks (Eds.), *Professional Advances in Sports Coaching Research and Practice* (pp. 210-227). London: Routledge.
- 13. Jones, E., Schupbach, R., Harvey S., Bulger, S., & Voelker, D. K. (2017). Rick: "Energize and educate at every age" Technology integration over a teaching career. In A. J. Casey, V. Goodyear & K. M. Armour (Eds.), *Digital Technologies and Learning in Physical Education: Pedagogical Cases* (pp. 154-172). London: Routledge.
- 12. **Voelker, D. K.** (2015). Controversy #2: Are endurance events such as marathons and Tough Mudder races an effective way to promote exercise and health, or do they promote overtraining, injury, and excessive exercise? Response #2: They may encourage unsafe behaviors and attitudes. In J. J. Reel, *Working Out: Psychology of Sport and Exercise* (pp. 195-199). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.
- 11. Gould, D. & Voelker, D. K. (2014). The history of sport psychology. In R. C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology* (pp. 346-351). Thousand Oaks, CA: Sage Publications.
- Reel, J. J., & Voelker, D. K. (2013). Exercise to the extreme? Identifying and addressing unhealthy exercise behaviors. In R. Schinke (Ed.), Athletic Insight's Writings in Sport Psychology (pp. 301-314). New York, NY: Nova Science Publishers.
- 9. Gould, D., **Voelker, D. K.,** Damarjian, N., & Greenleaf, C. (2013). Imagery training for peak performance. In J. L. Van Raalte & B. W. Brewer (Eds.), *Exploring Sport and Exercise Psychology* (3<sup>rd</sup> Edition, pp. 55-82). Washington, DC: American Psychological Association.
- 8. **Voelker, D. K.** (2013). Aesthetic sports. In. J. J. Reel (Ed.), *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (pp. 11-15). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.
- 7. **Voelker, D. K.** (2013). Endurance sports. In. J. J. Reel (Ed.), *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (pp. 169-172). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.

- 6. **Voelker, D. K.** (2013). Female athlete triad. In. J. J. Reel (Ed.), *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (pp. 198-203). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.
- 5. **Voelker, D. K.** (2013). Femininity ideals. In. J. J. Reel (Ed.), *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (pp. 203-206). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.
- 1. **Voelker, D. K.** (2013). Team sports. In. J. J. Reel (Ed.), *Eating Disorders: An Encyclopedia of Causes, Treatment, and Prevention* (pp. 439-443). Santa Barbara, CA: ABC-CLIO/Greenwood Publishers.
- 3. Reel, J. J., & Voelker, D. K. (2012). "Sculpted to perfection": Addressing and managing body image concerns and disordered eating among athletes. In R. Schinke (Ed.), *Athletic Insight's Writings in Sport Psychology* (pp. 301-316). Nova Science Publishers.
- 2. Gould, D., **Voelker, D. K.**, & Blanton, J. (2012). Future directions in youth leadership research in sport. In R. Schinke & S. Hanrahan (Eds.), *Sport for Peace, Development, and Social Justice* (pp. 163-180). Morgantown, WV: Fitness Information Technology.
- 1. Gould, D., & Voelker, D. K. (2008). Psychological advances for girls in sport: Motivation and parent involvement. In S. Chroni (Ed.), *Proceedings of the International Forum: Youth Sports with a Gender Perspective* (p. 57-66). Trikala, Greece: Xristodoulidi Publications.

## Non-Refereed Works

#### UNDERSTANDING AND ADDRESSING EATING DISORDERS IN SPORT

- 7. **Voelker, D. K.** (2014; 2021 Update with Conviser, J., Perelman, H., & Hauff, C. on behalf of the AASP Eating Disorders Special Interest Group). Disordered eating in athletes: Understanding the basics and what we can do about it. *Association for Applied Sport Psychology Blog.* <a href="https://appliedsportpsych.org/blog/2014/07/disordered-eating-instudent-athletes-understanding-the-basics-and-what-we-can-do-about-it/">https://appliedsportpsych.org/blog/2014/07/disordered-eating-instudent-athletes-understanding-the-basics-and-what-we-can-do-about-it/</a>
- 6. Conviser, J. H., Reel, J. J., Tierney, A., & Voelker, D. K. (2018). *Eating Disorders Among Athletes: Detection & Referral Guidelines Parts 1-4*. Eating Disorders Special Interest Group of the Association for Applied Sport Psychology.

https://appliedsportpsych.org/site/assets/files/1113/aasp part 1 f.pdf https://appliedsportpsych.org/site/assets/files/1113/aasp part 2 f.pdf https://appliedsportpsych.org/site/assets/files/1113/aasp part 3 f.pdf https://appliedsportpsych.org/site/assets/files/1113/aasp part 4 f.pdf

- 5. **Voelker, D. K.** & Schlitzer-Tierney, A. (Eds.) (2016). *Eating Disorders in Sport: Detection and Referral Guidelines for the AASP Certified Consultant*. Eating Disorders Special Interest Group of the Association for Applied Sport Psychology. <a href="https://www.appliedsportpsych.org/site/assets/files/1113/aaspedsig-detection\_referralguidelines-final.pdf">http://www.appliedsportpsych.org/site/assets/files/1113/aaspedsig-detection\_referralguidelines-final.pdf</a>
- 4. **Voelker, D. K.,** Schlitzer-Tierney, A., Greviskes, L., & Selby, C. (2015). *AASP Eating Disorders Special Interest Group Resource List*. Eating Disorders Special Interest Group of the Association for Applied Sport Psychology. <a href="http://www.appliedsportpsych.org/about/special-interest-groups/eating-disorders/">http://www.appliedsportpsych.org/about/special-interest-groups/eating-disorders/</a>
- 3. **Voelker, D. K** & Selby, C. (Eds.) (2013). *Body Image, Eating Disorders, and Related Concerns: Brief Reports*. Eating Disorders Special Interest Group of the Association for Applied Sport Psychology. http://www.appliedsportpsych.org/site/assets/documents/BriefReports-June2013Vol1Issue1.pdf
- 2. **Voelker, D. K.** (2012). Figure skating and disordered eating: Not all the news is bad. *Focus on Youth Sports: Institute for the Study of Youth Sports Annual Report*, p. 5.

1. **Voelker, D. K.** (2012). Weight pressures: What coaches need to know. *Game Plans: Coaching Advancement Program Newsletter, VIII*(5), p. 2-3.

#### LEADERSHIP DEVELOPMENT IN SPORT

- 10. **Voelker, D. K.** (Host) (2023). Women belong in sports: Respect them (No. 1) [Audio podcast episode with Washington Capitals Coach Emily Engel-Natzge]. In *Time Out:*Let's Elevate Girls and Women in Sport. WVU School of Sport Sciences.
- 9. **Voelker, D. K. (Host)** (2023). The arrows are pointing in the right direction, but can equality come quicker? (No. 2) [Audio podcast episode with Big East Commissioner Valerie Ackerman]. In *Time Out: Let's Elevate Girls and Women in Sport*. WVU School of Sport Sciences.
- 8. Voelker, D. K. (Host) (2023). Please report the realness of this: Pressure, opportunity, and honor (No. 3) [Audio podcast episode with New York Yankees Minor League Manager Rachel Balkovec]. In *Time Out: Let's Elevate Girls and Women in Sport*. WVU School of Sport Sciences.
- 9. Voelker, D. K. (Host) (2023). If you don't see it, be the first (No. 4) [Audio podcast episode with Boston Red Sox Minor League Coach Bianca Smith]. In *Time Out: Let's Elevate Girls and Women in Sport*. WVU School of Sport Sciences.
- 6. **Voelker, D. K.** (2010). Coaches' column: Selecting the "right" captain this season. *Hockey Edge Newsletter, 11*(3), p. 3-4.
- 5. **Voelker, D. K.** (2010). Captain selection: A closer look at choosing the right leader. *Game Plans: Coaching Advancement Program Newsletter, VI*(4), p. 2-3.
- 4. Gould, D., & Voelker, D. K. (2009). Handling common team problems. In D. Gould (Ed.), *Becoming an Effective Team Captain: Student-Athlete Guide* (pp. 36-45). East Lansing, MI: Michigan High School Athletic Association.
- 3. **Voelker, D. K.** (2009). Seize the season: The importance of leadership. *Game Plans: Coaching Advancement Program Newsletter, V*(4), p. 2-3.
- 2. Kimball, A. C., Monda, S. J., **Voelker, D. K.,** & Compton, S. (2008). *Extending Student-Athlete Success: A Study of Scholastic Sport Across Pennsylvania*. Harrisburg, PA: Pennsylvania State Alliance in Sport.
- 1. Gould, D., & Voelker, D. K. (2007). My role as a team captain. In D. Gould (Ed.), *Becoming an Effective Team Captain: Student-Athlete Guide* (pp. 4-10). East Lansing, MI: Michigan High School Athletic Association.

## TEACHING AND MENTORSHIP IN MENTAL PERFORMANCE CONSULTING

- 2. **Voelker, D. K.,** & Huysmans, Z. (2021). WVU SEP Mental Performance Consulting Policies and Procedures Manual. West Virginia University.
- 1. **Voelker, D. K.,** \* & Whitley, M. A. \* (Eds.) (2010). *Performance Excellence Movement Newsletter*. Association for Applied Sport Psychology. <a href="http://www.appliedsportpsych.org/site/assets/documents/PEM2010.pdf">http://www.appliedsportpsych.org/site/assets/documents/PEM2010.pdf</a>

## YOUTH SPORT

3. **Voelker, D. K.** (2013). Optimizing the psychological recovery of injury. *Hockey Edge Newsletter, 14*(1), p. 1-5. <a href="http://hockeymentaledge.blogspot.com/2013/03/hockey-edge-newsletter-psychological.html">http://hockeymentaledge.blogspot.com/2013/03/hockey-edge-newsletter-psychological.html</a>

- 2. **Voelker, D. K.** (2012). Tips for healthy skater parenting. *Center Ice & Blades of Western Pennsylvania Newsletter*, p. 4.
- 1. **Voelker, D. K.** (Ed.) (2010, 2009, 2008). Focus on Youth Sports: Institute for the Study of Youth Sports Annual Report. East Lansing, MI: Michigan State University.

#### **PRESENTATIONS**

#### INTERNATIONAL PEER-REVIEWED PRESENTATIONS

- 10. Miller, H.,\* Voelker, D. K. [Senior Author], & Gould, D. (2023). A mixed-methods investigation of elite US figure skaters' social media use and the perceived implications on their mental health and sport performance. Poster presented at *North American Society for the Psychology of Sport and Physical Activity Conference*, Toronto, Canada.
- 9. Ugrenovic, L.,\* **Voelker [Senior Author]**, Augustus, A.,\* Ohashi, A.,\* & Gould, D. (July 2022). Rethinking youth sport: A qualitative exploration of generation Z perspectives and experiences during the COVID-19 pandemic. Lecture presented at *FEPSAC Congress*, Padua, Italy.
- 8. **Voelker, D. K.**, Visek, A. J., Learner, J.,\* & Dibiasio, M.\* (July 2022). Coaches' role in athletes' eating pathology: An evidence-informed ecological application to advance research and coach intervention. Lecture presented at *FEPSAC Congress*, Padua, Italy.
- 7. **Voelker, D. K.** & Petrie, T. A. (October 2018). "My body loves me, so I should love it back" Female collegiate athletes' qualitative evaluation of the Bodies in Motion program. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Toronto, Canada.
- 6. Fairhurst, K. E.\* & Voelker, D. K. [Senior Author] (October 2018). Exploring coaches' views of body ideal expectations for female athletes in aesthetic sports. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Toronto, Canada.
- 5. Reel, J., Podlog, L., Greviskes, L., Hamilton, L., **Voelker, D. K.,** & Gray, C. (July 2017). Injury, body dissatisfaction, and disordered eating among dancers: Exploring potential relationships. Poster presented at *European Congress of Sport Science*, Essen, Germany.
- 4. Harvey, S., **Voelker, D. K.,** Cope, E., & Dieffenbach, K. (July 2017). Navigating the "leadership labyrinth": Barriers and supports of a woman coach in a 20-year leadership role. Lecture presented at 11<sup>th</sup> International Council for Coaching Excellence Global Coach Conference. Liverpool, United Kingdom.
- 3. **Voelker, D. K.** & Reel, J. J. (June 2015). A thematic analysis of body image and athletic performance in competitive female figure skaters. Poster presented at *FEPSAC Congress*, Bern, Switzerland.
- 2. Zizzi, S. & Voelker, D. K. (June 2015). What can under- and over-eaters learn from each other? An application of self-regulation theory. Workshop presented at *FEPSAC Congress*, Bern, Switzerland.
- 1. de Bruin, A. P. (Karin), Shanmugam, V., Scoffier-Méroix, S., **Voelker, D. K.,** & Kavanagh, E. (June 2015). Eating disorders in sport: Self-harm, mistreatment, or both? Symposium presented at *FEPSAC Congress*, Bern, Switzerland.

<sup>\*</sup>Signifies student co-authors

<sup>\*</sup>Denotes authors who contributed equally and are thus listed alphabetically

- 38. Hansell, A., **Voelker, D. K. [Senior Author],** Blom, L., España-Pérez, S., Patton, A., Watson, J., Luzynski, C., & Dieffenbach, K. (October 2023). Short-term international sport for development and peace programs: A retrospective analysis and critique informed by stakeholders' perspectives in a two-year follow-up. Lecture presented at *Association for Applied Sport Psychology Conference*, Orlando, FL.
- 37. **Voelker, D. K.,** Huysmans, Z., Fogaca, J., McAlarnen, M., & Coker Cranney, A. [Discussant]. (October 2023). Leveling up the training of Certified Mental Performance Consultants in higher education settings: Perspectives and processes in effective mentorship structure and design to meet emergent demands. Symposium presented at *Association for Applied Sport Psychology Conference*, Orlando, FL.
- 36. Bulger, S. M., Voelker, D. K., Metzger, C., & Miller, H. (January 2023). Pre, mid, and post-pandemic innovations targeting enhanced student engagement in the first-year seminar. Long-form presentation at *National Association of Kinesiology in Higher Education Conference*.
- 35. Hussey, K.\*, Blom, L., **Voelker, D. K.**, & Huysmans, Z. (October 2022). Trauma-informed youth sport: Identifying program characteristics and challenges to advance practice. Poster presented at *Association for Applied Sport Psychology Conference*, Fort Worth, TX.
- 34. Bulger, S. M., Augustine, L., \*Korgeski, M., \*Metzger, C., \*Voelker, D. K., \*Watson, J., \*& Wayda, V. \*(January 2022). Rethinking the first-year experience during COVID: Trading spaces, pedagogies, and technologies. Lecture presented at *American Kinesiology Association Leadership Workshop*, Virtual.
- 33. Fairhurst, K.,\* Voelker, D. K. [Senior Author], Casanave, K.,\* Zizzi, S., Greenleaf, C., & Leppma, M. (October 2021). A phenomenological photovoice exploration of women's experiences of their body while exercising in fitness center environments. Lecture presented at *Association for Applied Sport Psychology Conference*, Virtual.
- 32. Hansell, A.,\* Voelker, D. K. [Senior Author], España-Perez, S.,\* Watson, J., Luzynski, C., Bravo, G., Giacobbi, P., & Gonzalez-Gallegos, A. (October 2021). Evaluating Mexican perceptions of the United States and Americans following a short-term sport for development and peace initiative. Poster presented at *Association for Applied Sport Psychology Annual Conference*, Virtual.
- 31. **Voelker, D. K.,** Galli, N., Miyairi, M., Reel, J. J., & James, K. (October 2020). Validation of the Intuitive Exercise Scale for clients with eating disorders. Poster presented at *Association for Applied Sport Psychology Annual Conference*, Virtual.
- 30. **Voelker, D. K.,** Pereira, G., & Bulger, S. (October 2020). Internationalizing at home: An innovative application of the Collaborative Online International Learning framework in sport psychology. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Virtual.
- 29. Maurice, S.,\* Voelker, D. K. [Senior Author], Kuklick, C., & Byrd, M. (October 2020). "We don't always get it right": Coaches' perspectives on supporting injured athletes. Poster presented at *Association for Applied Sport Psychology Annual Conference*, Virtual.
- 28. Tsuda, E., Wyant, J., **Voelker, D. K.**, & Bulger, S. (April 2020). Developing college students' global competence through Collaborative Online International Learning. Lecture accepted for *SHAPE America National Convention*, Salt Lake City, UT (Conference canceled due to COVID-19).
- 27. Bulger, S., Wayda, V., **Voelker, D. K.,** & Wyant, J. (January 2020). Trading spaces, pedagogies, and technologies: Developing a university active learning center via public-private partnership. Lecture presented at *National Association for Kinesiology in Higher Education Conference*, Indian Wells, CA.

- 26. Bulger, S., **Voelker, D. K.**, Tsuda, E., Wyant, J., & Barnicle, S. (January 2020). Collaborative Online International Learning (COIL): The possibilities and pitfalls of virtual mobility. Lecture presented at *National Association for Kinesiology in Higher Education Conference*, Indian Wells, CA.
- 25. Fairhurst, K. E.\* & Voelker, D. K. [Senior Author] (October 2019). "Maintaining her weight is part of her job": Coaches' perspectives on body- and weight-related communication with female athletes in aesthetic sports. Lecture presented at Association for Applied Sport Psychology Annual Conference, Portland, OR.
- 24. Halbrook, M. K.,\* Watson II, J. C., **Voelker, D. K.**, & Etzel, E. (October 2019). Coaching openly lesbian, gay, and bisexual athletes: High school coach perspectives. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Portland, OR.
- 23. Hansell, A.,\* Giacobbi, P., & Voelker, D. K. [Senior Author] (October 2019). Using sport for health promotion with youth in Africa. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Portland, OR.
- 22. Wyant, J., Tsuda, E., Bulger, S., & Voelker, D. K. (October 2018). Developing preservice teachers' intercultural competence using collaborative online international learning. Lecture presented at *SHAPE America PETE & HETE Conference*. Salt Lake City, UT.
- 21. Petrie, T. A. & **Voelker, D. K.** (August 2018). Bodies in Motion: Four-month follow-up in female collegiate athletes. Poster presented at *American Psychological Association Convention*, San Francisco, CA.
- 20. **Voelker, D. K.**, Petrie, T. A., Wright, D., & Nickols, R. (October 2017). Bodies in Motion: Evidence-based programming for enhancing positive body image and well-being among female collegiate athletes. Symposium presented at *Association for Applied Sport Psychology Annual Conference*, Orlando, FL.
- 19. Petrie, T. A., Voelker, D. K., Galli, N., & Nickols, R. (September 2016). From prevalence to prevention: Understanding eating disorders and body image concerns among athletes. Symposium presented at *Association for Applied Sport Psychology Annual Conference*, Phoenix, AZ.
- 18. Galli, N., Voelker, D. K., Reel, J. J., Greenleaf, C., & Miyairi, M. (September 2016). Development and validation of the Intuitive Exercise Scale. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Phoenix, AZ.
- 17. **Voelker, D. K.,** Petrie, T. A., Freshour, N. P., Fairhurst, K. E.,\* & Coker-Cranney, A.\* (June 2016). Bodies-in-Motion! A new evidence-based program to promote healthy body image and eating behaviors in female collegiate athletes. Workshop presented at *Eating Disorders in Sport Conference*, St. Louis, MO.
- 16. **Voelker, D. K.** & Reel, J. J. (April 2016). "It's just a lot different being male than female in the sport" The gendered culture around body weight, shape, and size in competitive figure skating. Lecture presented at *Social Justice through Sport and Exercise Psychology Conference*, Bowling Green, OH.
- 15. Miyairi, M., Greenleaf, C., Galli, N., Reel, J. J., & Voelker, D. K. (March 2016). What is an intuitive exercise? A new intuitive exercise scale to promote healthy exercise behavior among individuals with a variety of body types. Poster presented at *Society for Public Health Education*, Charlotte, NC.
- 14. **Voelker, D. K.** & Reel, J. J. (October 2015). Body image, weight pressures, and athletic performance: The upside in men's figure skating. Poster presented at *Association for Applied Sport Psychology Annual Conference*, Indianapolis, IN.
- 13. Bryant, L.,\* Clement, D., **Voelker, D. K.,** & Onderik, A.\* (October 2015). Injury, perfectionism, and eating and exercise behaviors in college dance majors. Poster presented at *Association for Applied Sport Psychology Annual Conference*, Indianapolis, IN.

- 12. **Voelker, D. K.** & Sturges, A. J.\* (June 2015). Leading outside the box: Using coaching leadership to promote physical literacy, health, and sustained sport participation. Workshop presented at *National Coaching Conference*, Morgantown, WV.
- 11. Marks, H.,\* Kimball, A. C., Monda, S. J., Voelker, D. K., & Bryant, L.\* (October 2014). Partners in outreach: Assessment and evaluation of the Student Athlete Leadership Academy. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Las Vegas, NV.
- 10. Monda, S. J., **Voelker, D. K.**, & Kimball, A. C. (October 2013). Lifelong leadership: Creating and developing a high school leadership development event for high school student-athletes. Workshop presented at *Association for Applied Sport Psychology Annual Conference*, New Orleans, LA.
- 9. Reel, J. J., Voelker, D. K., & Torres-McGehee, T. (April 2013). Addressing and preventing weight pressures among female athletes. Workshop presented at *National Association for Girls and Women in Sport, American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Expo, Charlotte, NC.*
- 8. Voelker, D. K., Gould, D., Reel, J. J., & Covassin, T. (April 2013). Frequency and psychological predictors of disordered eating in figure skaters. Poster presented at *Research Consortium, American Alliance for Health, Physical Education, Recreation, & Dance National Convention & Expo*, Charlotte, NC.
- 7. Blanton, J., **Voelker, D. K.**, & Gould, D. (October 2012). High school coaches' views on the use, training, and leadership development of team captains. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Atlanta, GA.
- 6. Selby, C. & **Voelker**, **D. K.** (October 2012). Making the right call: A workshop on identifying and referring athletes with eating disorders. Workshop presented at *Association for Applied Sport Psychology Annual Conference*, Atlanta, GA.
- 5. Reel, J. J., Selby, C., & Voelker, D. K. (September 2011). Eating disorders in athletes: Complexities in identification, assessment, and treatment. Continuing education workshop presented at *Association for Applied Sport Psychology Annual Conference*, Waikiki, HI.
- 4. Voelker, D. K., Gould, D., Lauer, L., Carson, S., & Blanton, J. (September 2010). Building youth leadership through sport: A how-to workshop. Workshop presented at *Association for Applied Sport Psychology Annual Conference*, Providence, RI.
- 3. **Voelker, D. K.** & Gould, D. (September 2009). Best coaching practices for developing captains. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, Salt Lake City, UT.
- 2. **Voelker, D. K.** & Gould, D. (September 2008). Leadership experiences of high school sport captains. Lecture presented at *Association for Applied Sport Psychology Annual Conference*, St. Louis, MO.
- 1. Monda, S. J., **Voelker, D. K.**, Compton, S., & Kimball, A. C. (September 2008). Myth busting in high school sports: An in-depth examination of athletes, parents, and coaches. Poster presented at the *Association for Applied Sport Psychology Annual Conference*, St. Louis, MO.

# REGIONAL/LOCAL PEER-REVIEWED PRESENTATIONS

11. Dibiasio, M.,\* Learner, J.,\* Visek, A. J., [Senior Author] & **Voelker, D. K. [Senior Author]** (April, 2020). Coach influence on eating pathology in athletes: A systematic review. Lecture accepted for *GW Public Health Research Day*, Washington, D.C. (Conference canceled due to COVID-19)

- 10. Harris, E.\* & Voelker, D. K. [Senior Author] (April 2019). Internationalizing at home: A pilot test of a Collaborative Online International Learning framework in kinesiology classrooms. Poster presented at 3<sup>rd</sup> Annual Spring Undergraduate Research Symposium, Morgantown, WV.
- 9. Janeiro, E. M.,\* Voelker, D. K [Senior Author], Petrie, T. A., Reel, J. J., & Gould, D. (July 2016). Frequency and correlates of disordered eating in male figure skaters. Poster presented at *Summer Undergraduate Research Symposium*, Morgantown, WV.
- 8. Pell, E.\* & Voelker, D. K. [Senior Author] (April 2014). Body image in collegiate male athletes: Education and awareness on an underexplored topic. Lecture presented at *Scholar's Day*, Brockport, NY.
- 7. Pell, E.\* & Voelker, D. K. [Senior Author] (March 2014). Experience of weight pressures, weight control behaviors, and weight and appearance-based attitudes among male collegiate wrestlers: A research proposal. Lecture presented at *Northeast Atlantic Sport Psychology Conference*, Philadelphia, PA.
- 6. DeMario, R.\* & Voelker, D. K. [Senior Author] (April 2013). Psychological recovery from athletic injury: A review of the research and best practices. Lecture presented at *Scholar's Day*, Brockport, NY.
- 5. **Voelker, D. K.** (February 2013). 'Did I cite that?' Teaching students about plagiarism. Workshop presented at *Teaching and Learning Day*, Brockport, NY.
- 4. **Voelker, D. K.** & Reel, J. J. (February 2012). 'People think you can do more if you're anorexic': A qualitative exploration of weight pressures, body image, eating, and exercise behaviors in figure skaters. Lecture presented at *Midwest Sport & Exercise Psychology Symposium*, East Lansing, MI.
- 3. **Voelker, D. K.** & Blanton, J. (February 2011). Understanding the experiences, use, and development of high school sport captains: A two-part survey. Lecture presented at *Midwest Sport & Exercise Psychology Symposium*, Oxford, OH.
- 2. Steward, R. J., Voelker, D. K., Gifford, A., Riojas, P., & Lewis, R. (December 2009). Challenges and dilemmas of reporting to child protective services in the school setting. Workshop presented at *Michigan School Counselor Association Conference*, Pontiac, MI.
- 1. **Voelker, D. K.**, & Gould, D. (February 2009). Leadership development effectiveness study. Lecture presented at *Midwest Sport & Exercise Psychology Symposium*, Bowling Green, OH.

## **INVITED PRESENTATIONS**

- 26. Bulger, M., Izzo-Brown, N., Oakes, N., **Voelker, D. K.,** & Boczek, L. (February 2023). Title IX: The next 50 years. *School of Sport Sciences, College of Applied Human Sciences*, Morgantown, WV.
- 25. Voelker, D. K., Schlitzer-Tierney, A., & Miyairi, M. (April 2021). Listening to my body: Understanding, measuring, and engaging athletes in intuitive exercise. AASP Eating Disorder Special Interest Group Case Consultations, Virtual.
- 24. **Voelker, D. K.** & Pereira, G., (April 2021). Internationalizing at home: An innovative application of the collaborative online international learning framework in the sport sciences. Invited presentation at *Research Across Borders: A Virtual Conference to Grow International Collaboration*, Virtual.
- 23. Ohashi, A.,\* Ugrenovic, L.,\* Minkler, T.,\* & Voelker, D. K. [Senior Author]. (October 2020). Gen Z and mental health: The role of coach support during the COVID-19 pandemic. Invited session presented at *Washington Interscholastic Activities Association Virtual Coaches School*.
- 22. Charbonneau, D., \*King, S., \*Ryan, M., \*& Voelker, D. K. \*& Dieffenbach, K. [Moderator]. (August 2020). Too far, when an athlete's healthy eating habits aren't healthy. Invited panelist at *Center for Applied Coaching and Sport Science Town Hall Series*, Virtual.

- 21. Dieffenbach, K.,\* Taliaferro, A.,\* **Voelker, D. K.,**\* Wartella, J.,\* & Bulger, S. [Moderator]. (July 2020). Best practices in online instruction faculty panel discussion. Invited panelist at *CPASS Flex and Teach Town Hall*, Virtual.
- 20. **Voelker, D. K.** (July 2020). What do I do when my child's sport has extreme body requirements? Invited podcast with *The Full Bloom Project*. <a href="https://www.fullbloomproject.com/podcast-episodes/episode-59">https://www.fullbloomproject.com/podcast-episodes/episode-59</a>
- 19. Barnicle, S., \*Bulger, S., \*Tsuda, E., \*Voelker, D. K., \*& Wyant, J. \*(May 2019). Collaborative Online International Learning (COIL) in kinesiology. Invited poster presentation at *Celebrate! Teaching, Learning, and Research Conference*, Morgantown, WV.
- 18. Slocum, A., \*\* Thompson, J., \*\* Voelker, D. K., \*\* & Strager, M. [Moderator] (May 2019). Teaching tips from award winning teachers. Invited panelist at *Celebrate! Teaching, Learning, and Research Conference,* Morgantown, WV. [View recording at <a href="https://www.youtube.com/watch?v=EhdaBbmEOoA">https://www.youtube.com/watch?v=EhdaBbmEOoA</a>]
- 17. Anderson, S., \*Deem, A., \*Kasardo, A., \*McMillion, M., \*Stone, N., \*Voelker, D. K.\*, & Pape, O. [Moderator] (April 2019). Welcoming EveryBODY. Invited panelist at WVU Body Positivity Event hosted by WVU Office of Health Promotion and Wellness, Carruth Center, Student Health, WellWVU, and Women's Resource Center, Morgantown, WV.
- 16. Flagg, E., # Hamrick, T., # Rishel, C., # Voelker, D. K., # & Wilson, C. B. [Moderator] (April 2019). Outstanding tips from outstanding teachers. Invited panelist at WVU Teaching and Learning Commons Workshops hosted by WVU Office of the Associate Provost for Academic Personnel, and WVU Teaching and Learning Commons, Morgantown, WV.
- 15. **Voelker, D. K.** (November 2018). Life skills development through sport think tank. Invited research presentation at *Institute for the Study of Youth Sports 40<sup>th</sup> Anniversary Conference*, East Lansing, MI.
- 14. Vella, S., Kerr, G., & **Voelker, D. K.** (November 2018). Protecting the mental health of young athletes. Invited panelist at *Institute for the Study of Youth Sports* 40<sup>th</sup> Anniversary Conference, East Lansing, MI.
- 13. **Voelker, D. K.** & Nickols, N. (June 2017). Preventing and treating eating disorders in athletes: Updates, resources, and recommendations for researchers and practitioners working together. Invited webinar for *Association for Applied Sport Psychology*.
- 12. **Voelker, D. K.** & Petrie, T. A. (January 2017). Bodies-in-Motion: An evidence-based program to support positive body image. Invited presentation at *NCAA Convention*, Nashville, TN.
- 11. **Voelker, D. K.** (March 2016). Body redefined: Understanding body image as a cornerstone of health, wellness, and performance. Invited presentation at *University of Delaware Athletic Department*, Newark, DE.
- 10. **Voelker, D. K.** (March 2016). Eating disorders in sport 101: Athletes affected by eating disorders and what we can do about it. Invited presentation at *University of Delaware Athletic Department*, Newark, DE.
- 9. **Voelker, D. K.** (February 2015). 'What would you do if you weren't afraid?' Exercising strong leadership as girls and women in sport. Invited keynote at *Robert Morris University Girls & Women in Sport Symposium*, Pittsburgh, PA.
- 8. Colaizzi, M., Bryant, L.,\* Kauer, K., & Voelker, D. K. (February 2015). Empowering girls and women through sport and physical activity. Invited panelist at *Robert Morris University Girls & Women in Sport Symposium*, Pittsburgh, PA.
- 7. **Voelker, D. K.** (October 2014). 5-in-5: Eating disorders in sport. Invited presentation at *Association for Applied Sport Psychology Conference*, Las Vegas, NV.

- 6. **Voelker, D. K.** (March 2014). Building leadership through scholastic sport. Invited presentation at *New York State Athletic Administrators Association Conference*, Saratoga Springs, NY.
- 5. **Voelker, D. K.** (February 2014). Instructional technology faculty panel. Invited panelist at *Center for Excellence in Learning and Teaching*, Brockport, NY.
- 4. **Voelker, D. K.** (January 2013). Transitioning to the first-year faculty member position: The things you don't learn in grad school. Invited presentation at *Michigan State University Kinesiology Graduate Student Organization*, East Lansing, MI.
- 3. **Voelker, D. K.** (January 2013). Performance enhancement consulting post-graduate school. Invited presentation at *Michigan State University Performance Consulting Group*, East Lansing, MI.
- 2. Elbin, R.J., **Voelker, D. K.,** & Stiller-Ostrowski, J. (November 2009). Sport psychology for the athletic training room. Invited presentation at *Michigan Athletic Training Society Conference*, East Lansing, MI.
- 1. Alexander, \*\* Carson, S., \*\* Cox, R., \*\* Hancock, \*\* Joseph, \*\* Seng, \*\* & Voelker, D. K. \*\* (February 2008). Careers in athletics panel. Invited panelist at *Michigan High School Athletic Association Women in Sport Leadership Conference*, East Lansing, MI.

## **TEACHING & LEARNING PORTFOLIO**

\*Signifies multiple sections of the same course

## **COURSES TAUGHT**

# Original Online Course Development and Curricular Innovations

- Let's Elevate Girls and Women in Sport podcast series
   Host (https://www.thedaonline.com/podcasts/timeout/lets\_elevate/)
- SEP 272 Psychological Aspects of Sport (Online)
   Course Builder
- ACE 541 Positive Youth Development (Online)
   Course Builder
- PASS 191 First-Year Seminar in Physical Activity and Sport Sciences (Online)
   Course Co-Builder

# West Virginia University, College of Physical Activity & Sport Sciences

#### **Graduate Courses**

- ACE541: Positive Youth Development (Online)
   3 Credits; Average 32 students F20
- SEP640: Sport & Performance Psychology
   3 Credits; Average 18 students F14, F15, F16, F17, F18, F20
- SEP615: Research Methodology in Physical Education
   3 Credits; Average 15 students F14, F15, F16, F17, F18, F20, F21, F22, F23
- SEP790: Teaching Practicum1 Credit; Average 4 students SP16

- SEP793: Special Topics Positive Youth Development
   3 Credits; Average 9 students SP21
- SEP765: Dissertation Seminar
   3 Credits; Average 4 students SP22

#### **Undergraduate Courses**

- SEP474: Sport Studies Research Methods Capstone
   3 Credits; Average 26 students SP15, SP17, SP18, SP19, SP20, SP23
- SEP383: Exercise Psychology
   3 Credits; Average 57 students SP15, SP16, SP18, SP19, SP20
- SEP313: Professional Issues in Sport Psychology
   1-2 Credits; Average 61 students SP16
- SEP272: Psychological Perspectives of Sport (Online)
   3 Credits; Average 10 Students SU16, SU17, SU18, SU20, SU21, SU22
- ATTR493A: International Aspects of Sports Medicine & Psychology (Co-Taught Study Abroad)
   1 Credit; Average 10 Students SP17 (Ireland)
- SEP210: Professional Issues (Graduate Teaching Assistant Faculty Advisor)
   1 Credit; Average 39 students F15, SP16

# The College at Brockport, Department of Kinesiology, Sport Studies, & Physical Education

#### **Undergraduate Courses**

- PES441: Sport & Society
   3 Credits; Average 32 students F12\*, SP13, F13\*, SP14
- PES430/530: Psychology of Sport
   3 Credits; Average 32 students F12, SP13\*, F13, SP14\*
- PES499: Independent Study (Eating Disorders in Sport)
   Variable Credits; Average 1 student SP14

# Michigan State University, Department of Kinesiology

#### **Undergraduate Courses**

- KIN424: Psychological Aspects of Injury (Online)
   3 Credits; Average 25 students SU11
- KIN340: Psychosocial Bases of Physical Activity
   3 Credits; Average 45 students SP11
- KIN340: Psychosocial Bases of Physical Activity (Online)
   3 Credits; Average 25 students SU09, SU10
- KIN445: Sociocultural Analysis of Physical Activity
   3 Credits; Average 45 students F09, F10
- KIN370: Proseminar in Kinesiology (Graduate Teaching Assistant)
   3 Credits; Average 45 students SP09

#### **Basic Skills Courses**

- KIN103C: Aerobics I, KIN113A: Aerobics II
   1 Credit; Average 60 students per class SP09
- KIN106U: Skating I, KIN108C: Hockey I, KIN118B: Hockey II
   1 Credit; Average 25 students per class F08, F09

#### **INVITED GUEST LECTURES**

- 18. **Voelker, D. K.** (October 2022). *Eating disorders in sport: Myths, facts, signs, symptoms, and strategies.* GEN110: First Year Seminar: Mental Health in College Athletics. Adelphi University.
- **17. Voelker, D. K.** (September 2020). *Workload balance and integration: Managing teaching and scholarship at an R1.* KNS541: Teaching Undergraduate Kinesiology. University of Tennessee.
- 16. **Voelker, D. K.** (February 2020). *Intersections between sport psychology and public health: Discussion and Q&A*. SEP722: Exercise and Health Psychology. West Virginia University.
- 15. **Voelker, D.K.** (April 2019). *Eating disorders in sport: A psychological and behavioral lens*. ATTR650: Medical and Surgical Aspects of Athletic Training. West Virginia University.
- 14. **Voelker, D. K.** (December 2018). *Eating disorders in sport Myths, facts, and defining your role*. EXNS 6207.DE: Psychological Aspects of Sport & Exercise. The George Washington University.
- 13. **Voelker, D. K.** (October 2018). *Unhealthy eating and exercise behaviors in sport*. ATTR403: Athletic Training Practicum. West Virginia University.
- 12. Voelker, D. K. (September 2018). Advising versus giving advice. SEP491: Peer Advising. West Virginia University.
- 11. **Voelker, D. K.** (August 2018). *Collaborative Online International Learning: Introduction to the WVU-UFPR collaboration in sport sciences*. BE740: Statistics Applied to Physical Education. Universidade Federal do Paraná.
- 10. **Voelker, D. K.** (November 2016, October 2015). *Professionalism in sport and exercise psychology*. SEP210: Professional Issues. West Virginia University.
- 9. **Voelker, D. K.** (February 2015). *Navigating the academic job interview*. Sport and Exercise Psychology Doctoral Student Research Seminar. West Virginia University.
- 8. **Voelker, D. K.** (February 2015). *ABC's of SEP (Sport & Exercise Psychology)*. PET176, ACE106, SM167: Achieving Success in College and the Profession Learning Strategies & Career Opportunities in Sport & Physical Activity. West Virginia University.
- 7. **Voelker, D. K.** (January 2012). *Weight pressures, body image, and eating disorders in athletes: Influence of the sociocultural context.* KIN445: Sociocultural Analysis of Physical Activity. Michigan State University.
- 6. **Voelker, D. K.** (November 2011). *Unhealthy eating and exercise behaviors in sport*. KIN345: Sport and Exercise Psychology. Michigan State University
- 5. **Voelker, D. K.** (November 2011). *Research and outreach: Youth development through sport and physical activity.* KIN173: Foundations of Kinesiology. Michigan State University.
- 4. **Voelker, D. K.** (February 2011). *Psychological aspects of injury*. KIN422: Rehabilitation of Athletic Injury. Michigan State University.

- 3. **Voelker, D. K.** (November 2010). *Stress management: Hot mess? Get de-stressed!* KIN121: The Healthy Lifestyle. Michigan State University.
- 2. **Voelker, D. K.** (June 2009). *Stress management: Reducing the risk for injury*. KIN454: Psychology of Injury. Michigan State University.
- 1. Voelker, D. K. (March 2008). *Psychological disorders*. KIN121: The Healthy Lifestyle. Michigan State University.

## ADVISING & MENTORING

#### **DOCTORAL ADVISEES**

Student	<b>Graduation Date</b>	Employment
Hannah Silva-Breen	Anticipated May 2026	Current
Sarah Saxton	Anticipated May 2026	Current
Hannah Miller	Anticipated May 2026	Current
Kayla Hussey	Anticipated May 2025	Current
Luna Ugrenovic	Anticipated Fall 2023	Current
Adam Hansell, PhD	August 2022	Counselor, Stillwater Counseling
Katherine Fairhurst, PhD	May 2020	Research Coordinator and Psychotherapist, Cloud Break
		Therapy, LLC
		Virtual Integrative Wellness Coach, 1st Phorm Personal Trainer
Stefanee Maurice, PhD	August 2019	Assistant Professor
		Kinesiology and Public Health Department, Cal Poly

#### MENTORSHIP IN RESEARCH

#### **Doctoral Dissertation Committees**

- Augustus, A. School of Sport Sciences, West Virginia University. Living Your Best Life: The Mindful Pursuit of Student-Athlete Thriving. [Member]. Proposed: 9/13/22. Defended 4/24/23.
- Costalupes, B., School of Sport Sciences, West Virginia University. A Qualitative Investigation of Athletes'
  Expectations and Understanding of Mindfulness and Self-Compassion. [Member]. Proposed: 6/8/22. Defended: 4/24/23.
- Hansell, A., School of Sport Sciences, West Virginia University. Short-Term International Sport for Development and Peace Programs: A Retrospective Analysis and Critique Informed by Stakeholders' Perspectives in a Two-Year Follow-Up. [Chair]. Proposed: 7/27/21. Defended: 7/20/22.
- Katherine Fairhurst, Department of Sport Sciences, West Virginia University. A Phenomenological PhotoVoice Exploration of Female Exercisers' Experiences of their Body in Fitness Center Environments [Chair]. Proposed: 4/30/19. Defended: 4/15/20.
- Cory Breithoff, Department of Coaching and Teaching Studies, West Virginia University. A Delphi Study Exploring the Impact and Feasibility of Entrepreneurial Initiatives in College/University Kinesiology Programs [Member]. Proposed: 3/5/19. Defended: 6/15/20.
- Stefanee Maurice, Department of Sport Sciences, West Virginia University. Supporting the Injured Athlete: Coaches' Perspective on Providing Social Support [Chair]. Proposed: 4/3/17. Defended: 5/9/19.
- Spencer Ingals, Department of Sport Sciences, West Virginia University. Characteristics of Effective Peer Support and Three-Month Weight Outcomes within a Community-Based Weight Management Program in Appalachia [Member]. Proposed: 10/16/17. Defended: 9/11/18.

- Meghan Halbrook, Department of Sport Sciences, West Virginia University. High School Coaches' Experiences with Openly Gay, Lesbian, and Bisexual Athletes [Member]. Proposed: 10/14/16. Defended: 4/18/17.
- Ashley Coker-Cranney, Department of Sport Sciences, West Virginia University. How Far is Too Far? Understanding Identity and Overconformity in Collegiate Wrestlers [Member]. Proposed: 5/14/15. Defended: 4/13/16.

#### **Master's Thesis Committees**

- Dibiasio, M., Milken Institute School of Public Health, The George Washington University. Coach Influence on Eating Pathology in Athletes: A Systematic Review [External Committee Member]. Passed: 5/31/20
- Adam Hansell, Department of Sport Sciences, West Virginia University. Exploring the Use of Sport as a Platform for Health Promotion with Children and Youth in Africa: A Scoping Review [Member]. Proposed: 2/2/18. Defended: 9/5/18.
- Jamie O'Hara, Department of Kinesiology, Temple University. The Development of Leadership Skills Among Collegiate Softball Captains [External Committee Member]. Defended: 4/2014.
- Adam Landry, Psychology Department, The College at Brockport, State University of New York. Attitudes toward Sport Psychology Professionals: Effect of Title, Counterevidence, and Individual Difference Characteristics [Member]. Defended: 4/2014.

#### **Undergraduate Research Experiences**

- Anna Ferris, Milken Institute School of Public Health, The George Washington University Undergraduate Honor's Thesis. WNT Players' Coaching Perspectives: A Content Analysis of the Role of Fun [Member]. November 4<sup>th</sup>, 2020 May 10<sup>th</sup>, 2021.
- Emma Harris, Department of Sport Sciences, West Virginia University Research Apprenticeship Program [Research Mentor/Advisor]. January 7<sup>th</sup>, 2019 April 26<sup>th</sup>, 2019.
- Emma Harris, Department of Sport Sciences, West Virginia University Research Apprenticeship Program [Research Mentor/Advisor]. August 15<sup>th</sup>, 2018 December 15<sup>th</sup>, 2018.
- Elizabeth Janeiro, Department of Sport Sciences, West Virginia University Summer Undergraduate Research Experience [Research Mentor/Advisor]. May 31<sup>st</sup>, 2016 July 28<sup>th</sup>, 2016.

## MENTORSHIP IN TEACHING

#### **Graduate Teaching Assistant Observations**

- Hannah Silva-Breen, School of Sport Sciences. SEP 385: Social Psychology of Sport. March 7<sup>th</sup>, 2023.
- Kayla Hussey, School of Sport Sciences. SEP 272: Psychological Aspects of Sport. February 24<sup>th</sup>, 2023.
- Hannah Miller, School of Sport Sciences. PASS 300: Career Exploration in Physical Activity and Sport. February 8<sup>th</sup>, 2023.
- Hannah Miller, School of Sport Sciences. PASS 191: First-Year Seminar. September 29th, 2022.
- Matt Gonzalez, Department of Sport Sciences, West Virginia University. SEP271: Sport in American Society. November 11<sup>th</sup>, 2019.
- Katherine Fairhurst, Department of Sport Sciences, West Virginia University. SEP272: Psychological Perspectives of Sport. March 28<sup>th</sup>, 2019.

- Erika Van Dyke, Department of Sport Sciences, West Virginia University. SEP271: Sport in American Society. November 12<sup>th</sup>, 2018.
- Bobby Hilliard, Department of Sport Sciences, West Virginia University. SEP271: Sport in American Society. March 24th, 2017.
- Cara Johnson, Department of Sport Sciences, West Virginia University. SEP293A: Psychological Perspectives of Sport Lab. November 1<sup>st</sup>, 2016.
- Tzu-Chen Hsu, Department of Sport Sciences, West Virginia University. SEP210: Professional Issues. February 15<sup>th</sup>, 2016.
- Tammy Sheehy & Jay Stewart, Department of Sport Sciences, West Virginia University. SEP210: Professional Issues. November 18<sup>th</sup>, 2015.
- A.J. Sturges, Department of Sport Sciences, West Virginia University. SEP210: Professional Issues. November 16<sup>th</sup>, 2015.
- Aaron Goodson, Department of Sport Sciences, West Virginia University. SEP271: Sport in American Society. September 28<sup>th</sup>, 2015.
- Sae-Mi Lee, Department of Sport Sciences, West Virginia University. SEP272: Psychological Perspectives of Sport. February 19<sup>th</sup>, 2015.

#### MENTORSHIP IN EDUCATION AND PROFESSIONAL DEVELOPMENT

## **Professional Development Mentorship Programs for Students**

- Mentorship Match Program Mentor, Association for Applied Sport Psychology
   Engaged in a formal mentoring relationship with a doctoral student in sport and exercise psychology
   Fall 2013 Fall 2014
- Leadership Development Program Mentor, The College at Brockport, State University of New York Engaged in a formal mentoring relationship with undergraduate students in kinesiology Fall 2012 – Spring 2014

#### **Doctoral Plan of Study Committees**

- Lindsey Leatherman, School of Sport Sciences, West Virginia University [Chair]. Approved 4/13/23.
- Hannah Miller, School of Sport Sciences, West Virginia University [Chair]. Approved 3/1/23.
- Hannah Silva-Breen, School of Sport Sciences, West Virginia University [Chair]. Approved 3/21/23.
- Sarah Saxton, School of Sport Sciences, West Virginia University [Chair]. Approved 2/24/23.
- Kayla Hussey, Department of Sport Sciences, West Virginia University [Chair]. Approved 3/29/22.
- Ari Sapinsley, Department of Sport Sciences, West Virginia University [Member]. Approved 2/21/22.
- Andrew "Chip" Augustus, Department of Sport Sciences, West Virginia University [Member]. Approved: 2/24/21.
- Jaxson Judkins, Department of Sport Sciences, West Virginia University [Member]. Approved 3/4/21.
- Luna Ugrenovic, Department of Sport Sciences, West Virginia University [Member]. Approved: 2/19/20.
- Maggie Roberts, Department of Coaching and Teaching Studies, West Virginia University [Member]. Approved: 4/2/19.
- Karly Casanave, Department of Sport Sciences, West Virginia University [Member]. Approved: 2/20/19.
- Cory Breithoff, Department of Coaching and Teaching Studies, West Virginia University [Member]. Approved: 9/27/18
- Adam Hansell, Department of Sport Sciences, West Virginia University [Member]. Approved: 4/4/17.
- Joseph Heskett, Department of Coaching and Teaching Studies, West Virginia University [Member]. Approved: 5/20/16.

- Stephanie McWilliams, Department of Coaching and Teaching Studies, West Virginia University [Member].
   Approved: 4/1/16.
- Katherine Fairhurst, Department of Sport Sciences, West Virginia University [Chair]. Approved: 2/11/16.

#### **SERVICE**

#### UNIVERSITY SERVICE

# Research Advisory Committee - Member

Research Office, West Virginia University Spring 2017 – Spring 2023

## Provost Student Success Committee – Member

Office of the Provost, West Virginia University Fall 2020 – Spring 2022

## University Assessment Council – Member

Faculty Senate, West Virginia University Fall 2018 – Fall 2020

#### ■ The Project HEAL – Faculty Advisor

WVU Office of Student Engagement and Leadership, West Virginia University Fall 2016 – Fall 2018

# Psychosocial Aspects of Sport & Physical Activity Lecture Series – Coordinator

The College at Brockport, State University of New York
Dr. Dan Gould – Building Psychological Skills through Intensive Sports Training
April 10<sup>th</sup>, 2014

# College Technology Council – Member

The College at Brockport, State University of New York Fall 2013 – Spring 2014

#### Saturday of Service – Team Leader

The College at Brockport, State University of New York August 24<sup>th</sup>, 2013

#### Diversity Conference – Moderator and Volunteer

The College at Brockport, State University of New York September 20<sup>th</sup>, 2012, September 19<sup>th</sup>, 2013

#### COLLEGE, SCHOOL/DEPARTMENTAL, AND PROGRAMMATIC SERVICE

#### SoSS Academic Affairs Committee - Member

School of Sport Sciences, West Virginia University Fall 2023 – Present

#### Mental Performance Consulting Training Director

Sport, Exercise, and Performance Psychology Program Fall 2022 – Fall 2023

#### Position Search Committee - Member

Tenure-Track Assistant Professor of Sport and Exercise Psychology

School of Sport Sciences, West Virginia University Fall 2022 – Spring 2023

#### Position Search Committee - Member

## Tenure-Track Assistant/Associate Professor of Sport and Exercise Psychology

School of Sport Sciences, West Virginia University Fall 2022 – Spring 2023

## CAHS Graduate Academic Affairs Committee – Member

College of Applied Human Sciences Fall 2022 – Spring 2023

#### ■ SoSS Graduate Academic Affairs Committee – Chair

School of Sport Sciences Fall 2022 – Spring 2023

#### Space Allocation Task Force – Member

School of Sport Sciences Fall 2022

#### Promotion and Tenure Committee – Member

College of Physical Activity and Sport Sciences Fall 2021 – Spring 2022

## Academic Affairs (CPASS-CEHS Merger) Committee – Member

West Virginia University Fall 2021 – Summer 2022

#### Curriculum, Assessment, and Awards Committee – Ex-Officio

College of Physical Activity & Sport Sciences, West Virginia University Spring 2021 – Spring 2022

# Doctoral Research Course Sequence Task Force – Co-Chair

College of Physical Activity & Sport Sciences, West Virginia University Spring 2021

#### Position Search Committee – Chair

Tenure-Track Assistant Professor of Kinesiology, with an emphasis in Health and Well-Being College of Physical Activity & Sport Sciences, West Virginia University Spring 2020

#### Position Search Committee – Chair

Teaching Assistant Professor of Kinesiology, with an emphasis in Health and Well-Being College of Physical Activity & Sport Sciences Spring 2020

#### Position Search Committee – Member

Tenure-Track Assistant Professor of Sport & Exercise Psychology Position College of Physical Activity & Sport Sciences, West Virginia University Fall 2018

## ■ Recruitment & Retention Committee – Member

College of Physical Activity & Sport Sciences, West Virginia University Fall 2017 – Spring 2018

#### Grants & Contracts Committee – Member

College of Physical Activity & Sport Sciences, West Virginia University Fall 2016 – Spring 2017, Fall 2019 – Spring 2021

## Programmatic Updates and Assessment – Coordinator

Sport and Exercise Psychology Program, West Virginia University Fall 2014 – Spring 2017

# ■ Technology Committee – Member

College of Physical Activity & Sport Sciences, West Virginia University Fall 2014 – Spring 2016

# Kinesiology Periodic Program Review Committee – Member

Department of Kinesiology, Sport Studies, & Physical Education The College at Brockport, State University of New York Fall 2013 – Spring 2014

#### Student Awards Committee – Member

Department of Kinesiology, Sport Studies, & Physical Education The College at Brockport, State University of New York Fall 2012 – Spring 2014

# Sport Studies/Sport Management Position Search Committee – Member

Department of Kinesiology, Sport Studies, & Physical Education The College at Brockport, State University of New York Fall 2012

#### Kinesiology Graduate Student Organization Teaching Development Committee – Chair

Department of Kinesiology, Michigan State University Fall 2011 – Fall 2012

# Kinesiology Graduate Student Organization Vision Committee – Chair

Department of Kinesiology, Michigan State University Spring 2011

# ■ Faculty Advisory Committee – Student Representative

Department of Kinesiology, Michigan State University Fall 2010 – Fall 2011

#### Kinesiology Graduate Student Organization Concentration Committee – Sport Psychology Representative

Department of Kinesiology, Michigan State University Fall 2009 – Fall 2010

#### College of Education Alumni Association Board of Directors – Student Representative

Michigan State University Fall 2008 – Fall 2010

#### PROFESSIONAL SERVICE

#### **Editorial Peer-Review Activities**

#### Editorial Board Member – Case Studies in Sport and Exercise Psychology

January 2022 - Spring 2023

#### Editorial Board Member – Journal of Clinical Sport Psychology

January 2018 - Present

## Guest Special Issue Editorial Board Member – Journal of Clinical Sport Psychology

Special Issue on Eating Disorders and Body Image in Sport and Exercise June 2017 – December 2018

#### Reviewer

Scandinavian Journal of Medicine & Science in Sport (2022 – Present)

Journal of Sport Psychology in Action (2021 – Present)

Youth & Society (2021 – Present)

Kinesiology Review (2019 – Present)

Journal of Clinical Sport Psychology (2017 – Present)

International Sport Coaching Journal (2014 – Present)

Women in Sport & Physical Activity Journal (2013 – Present)

Sport, Exercise, and Performance Psychology (2013 – Present)

Routledge and Psychology Press – Book Proposal (Spring 2014)

Association for Applied Sport Psychology Conference Abstracts (2010 –2011)

# **Professional Leadership & Committee Positions**

#### Eating Disorders Special Interest Group – Co-Coordinator

Association for Applied Sport Psychology

Fall 2012 - Fall 2016

# Continuing Education Committee – Chair

Association for Applied Sport Psychology

Fall 2012 - Fall 2015

## Conference Planning Committee – Member

Midwest Sport & Exercise Psychology Symposium, Michigan State University

Spring 2011 – Spring 2012

# ■ Executive Board – Student Representative

Association for Applied Sport Psychology [Elected position by the Association membership]

Fall 2010 - Fall 2011

#### Research Grant Review Committee – Member

Association for Applied Sport Psychology

Fall 2010 - Fall 2011

# Conference Planning Committee – Member

Association for Applied Sport Psychology

Fall 2010 - Fall 2011

#### Community Outreach Committee – Student Representative

Association for Applied Sport Psychology

Spring 2010 – Spring 2011

#### Performance Excellence Movement – Student Initiative Leader

Association for Applied Sport Psychology

Fall 2009 - Fall 2010

## Women in Sport Leadership Conference Planning Committee – Member

Michigan High School Athletic Association Fall 2009

## South Central/Midwest Region – Regional Student Representative

Association for Applied Sport Psychology Spring 2009 – Fall 2010

#### Continuing Education Committee – Student Representative

Association for Applied Sport Psychology Fall 2008 – Fall 2009

#### **Professional Memberships**

- West Virginia University Women's Leadership Institute (2020 Present)
- West Virginia Clinical and Translational Science Institute (2018 Present)
- Levine Eating Disorder Prevention Email Group (2015 Present)
- Association for Applied Sport Psychology Speaker's Bureau (2013 Present)
- American Psychological Association: Division 47 (2012 2013)
- SHAPE America (2011 2015)
- Association for Applied Sport Psychology Eating Disorders Special Interest Group (2010 Present)
- American Counseling Association (2009 2013)
- North American Society for the Psychology of Sport and Physical Activity (2008 2009)
- Association for Applied Sport Psychology (Student: 2004 2012; Professional: 2013 Present)
- Pittsburgh Figure Skating Club (1994 2002)
- United States Figure Skating Association (1992 2002)

## **EXTERNAL ACTIVITIES & PARTNERSHIPS**

# APPLIED SPORT PSYCHOLOGY, COUNSELING, & COACHING POSITIONS

#### DKV Consulting, LLC (Fall 2012 – Present)

Owner and CMPC®

## Counseling Intern (Fall 2009 – Spring 2010)

Department of Counseling, Michigan State University Completed a 100-hour supervised school counseling practicum Completed a 600-hour supervised community counseling internship

#### CMPC Trainee (Fall 2007 – Fall 2012)

Institute for the Study of Youth Sports, Michigan State University Completed over 450 hours of mentored experience with athletes, teams, and coaches

# Captain's Leadership Training Program Coordinator (Fall 2007 – Fall 2009)

Michigan High School Athletic Association

#### Student Athlete Leadership Academy (Summer 2005, 2006, 2007)

Co-Coordinator, Fundraiser, and Captain, University of Pittsburgh Sports Medicine Center

#### Mental Training Intern (Summer 2005, 2006, 2007)

Department of Mental Training, University of Pittsburgh Sports Medicine Center

#### Camp Counselor & Skills Coach (June 2005, June 2007)

Pennsylvania State University Girls' Ice Hockey Camp

Figure Skating & Ice Hockey Basic Skills Instructor (1999 – 2003)
 Shady Side Academy & Bladerunners Ice Complex, Pittsburgh, Pa

#### APPLIED SPORT PSYCHOLOGY CONSULTATIONS

#### **Individuals and Teams**

- Elite and Amateur Men's and Women's Figure Skating
- Collegiate Women's Gymnastics
- Collegiate Women's Ice Hockey
- Collegiate Women's Rowing
- Collegiate Women's Field Hockey
- Collegiate Men's Football
- Collegiate Men's and Women's Swimming
- Collegiate Men's Soccer
- High School Men's Football
- High School Girls' Soccer
- High School Girls' Basketball
- Club Gymnastics
- Youth Ski Racing

#### **Clinics and Workshops**

Captain's Leadership Training Program, Michigan High School Athletic Association

- Voelker, D. K. (February 2012) Leadership breakout sessions. East Lansing, MI.
- Voelker, D. K. (November 2009) Leadership breakout sessions. Kalamazoo, MI.
- Voelker, D. K. (August 2009) Leadership breakout sessions. Fenton, MI.
- Voelker, D. K. (April 2009) Communication breakout sessions. Chelsea, MI.
- Voelker, D. K. (February 2009) Team building/Motivation breakout sessions. Clinton, MI.
- Voelker, D. K. (April 2008) Motivation breakout sessions. East Lansing, MI.
- Voelker, D. K. (October 2007) Team building breakout sessions. Kalamazoo, MI.

Women in Sport Leadership Conference, Michigan High School Athletic Association

- Voelker, D. K, Griffes, K., Wright, E. M., & Brookhouse, E. (February 2012) Working effectively with teammates. Lansing, MI.
- Voelker, D. K., Amormino, K., Lawler, M., & McIntosh, A. (February 2010) Defining leadership: The perspective of high school and collegiate captains. Lansing, MI.
- Voelker, D. K., & Lauer, L. (February 2010) Preparing for competition: Stress management. Lansing, MI.
- Carson, S. & Voelker, D. K. (February 2008) Team building: Trust and communication. Lansing, MI.
- Carson, S. & Voelker, D. K. (February 2008) Team building: Working together. Lansing, MI.

#### Student Athlete Leadership Academy

- Voelker, D. K. (August 2014) Leadership in Sport Panel. Pittsburgh, PA.
- Voelker, D. K. (August 2013) Hot mess? Get de-stressed! Stress management for leaders. Pittsburgh, PA.
- Voelker, D. K. (August 2012) Stress management for today's aspiring leader. Pittsburgh, PA.
- Voelker, D. K. (August 2010) Stress management. Pittsburgh, PA.
- Voelker, D. K. (August 2008) Team building for leaders in sport. Pittsburgh, PA.
- Voelker, D. K. (August 2007) Team building: Reducing personality conflict. Pittsburgh, PA.

#### Other Clinics and Workshops

- Voelker, D. K. (December 2010). Leadership breakout sessions at *East Lansing High School Leadership Development Program*, East Lansing, MI.
- Voelker, D. K. \* & Whitley, M. \* (October 2010). Relaxing under the stars. Workshop presented at *Michigan State University College of Business Freshman Seminar*, East Lansing, MI.
- Voelker, D. K. (June 2010). Effective captains. Workshop presented at *Groves High School Leadership Day*, Commerce Township, MI.

• Voelker, D. K. (June 2009, 2010). Learning life lessons through sport and beyond. Workshop presented at *Grandparents University*, East Lansing, MI.

## SELECTED MEDIA

#### SELECTED ONLINE TV/RADIO AND VIDEOS

- Voelker, D. K. (2019, September 24). Steelcase Active Learning Center. WVU Foundation. https://www.youtube.com/watch?v=0SgJYPD6k M&feature=youtu.be
- Voelker, D. K. (2015, November 18). Eating Disorders in Sport. *Annenberg TV News*.
- Voelker, D. K. (2015, February 4). Women's Leadership. Empowering Women Radio. <a href="https://soundcloud.com/empowering-women-radio/dr-dana-voelker-west-virginia-university-women-and-girls-in-sports">https://soundcloud.com/empowering-women-radio/dr-dana-voelker-west-virginia-university-women-and-girls-in-sports</a>
- Voelker, D. K. (2014). Eating Disorders. In R. S. Weinberg & D. Gould (Eds.). Foundations of Sport and Exercise Psychology: Online Ancillary Materials. Champaign, IL: Human Kinetics.

#### SELECTED INTERVIEWS AND ARTICLES

# Internal to West Virginia University

- Quoted in "WVU awarded new active learning classroom by Steelcase Education." (2019, April 11). WVU Today. https://wvutoday.wvu.edu/stories/2019/04/11/wvu-awarded-new-active-learning-classroom-by-steelcase-education
- Featured in "Love your uniqueness,' WVU professor says." (Fuller, A., 2019, April 10). *Daily Athenaeum*. <a href="http://www.thedaonline.com/news/love-your-uniqueness-wvu-professor-says/article\_87cec3ca-5c06-11e9-9c75-0b75be858974.html">http://www.thedaonline.com/news/love-your-uniqueness-wvu-professor-says/article\_87cec3ca-5c06-11e9-9c75-0b75be858974.html</a>
- Research featured in "Athlete image." (Fall 2016). WVU Magazine. p. 9.

#### External to West Virginia University

- Research sourced in Fleshman, L. (2023). Good for a Girl: A Woman Running in a Man's World. Penguin House: New York.
- Research featured in Sole Smith, V. (2023). *Fat Talk: Parenting in the Age of Diet Culture*. Henry Holt and Company: New York.
- Professional expertise featured in "7 steps to help you build a healthy relationship with exercise" (Migala, J., 2022). Livestrong.com. https://www.livestrong.com/article/13770958-healthy-relationship-exercise/
- Research featured in "Body image in figure skating weighs on athletes" (Wade, P, 2022). Kinesiology Today,
   American Kinesiology Association. <a href="https://americankinesiology.org/Content/Documents/KT\_winter\_2022\_Vol\_15\_No-1.pdf">https://americankinesiology.org/Content/Documents/KT\_winter\_2022\_Vol\_15\_No-1.pdf</a>
- Live interview with Dave Wilson on Simone Biles and pressures for high performance athletes (2021, July 29). *MetroNews Talkline*. <a href="https://www.spreaker.com/user/11096951/talkline-for-thursday-july-29-2021">https://www.spreaker.com/user/11096951/talkline-for-thursday-july-29-2021</a>
- Research featured in "Flipping the script: Leveraging leadership development training in young athletes" (Blanton, J., 2019) Research Outreach. <a href="https://researchoutreach.org/articles/flipping-script-leveraging-leadership-development-training-young-athletes/">https://researchoutreach.org/articles/flipping-script-leveraging-leadership-development-training-young-athletes/</a>

- Research featured in "Mirror image: Female athletes participate in nationwide body image study" (Toth, H. 2016, November 14). Texas Tech University. <a href="http://today.ttu.edu/posts/2016/11/body-image">http://today.ttu.edu/posts/2016/11/body-image</a>
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