

Jeanette Garcia, PhD
Jeanette.garcia@mail.wvu.edu
Associate Professor • School of Sport Sciences
College of Applied Human Sciences • West Virginia University

EDUCATION

Doctor of Philosophy (PhD) – Kinesiology University of Virginia Dissertation: “The Influence of Friends on Physical Activity and Sedentary Behavior in Adolescents: A Mixed-Method Analysis” Advisor: Dr. Arthur Weltman	2014
Master of Science (MS) – Biological and Health Psychology University of Pittsburgh Thesis: “Associations Between Daytime and Nighttime Ambulatory Blood Pressure and Carotid Atherosclerosis: The Influence of Physical Activity” Advisor: Dr. Thomas Kamarck	2011
Master of Science (MS) – Exercise Physiology University of Pittsburgh Thesis: Association of Exercise-Induced Salivary Cortisol Levels to Exertional Perception and Affect Advisors: Dr. Deborah Aaron and Dr. Elizabeth Nagle	2008
Bachelor of Science (BS) – Psychology University of Pittsburgh <i>magna cum laude</i>	2004

PROFESSIONAL EXPERIENCE

Associate Professor (tenured) School of Sport Sciences College of Applied Human Sciences West Virginia University, Morgantown, WV	2023 – Present
Associate Professor (tenured) Department of Health Sciences College of Health Professions and Sciences University of Central Florida, Orlando, FL	2022 – 2023
Associate Professor (secondary appointment) College of Community Innovation & Education University of Central Florida, Orlando, FL	2022 – 2023

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Assistant Professor (tenure-track) Department of Health Sciences College of Health Professions and Sciences University of Central Florida, Orlando, FL	2019 – 2022
Assistant Professor (secondary appointment) College of Community Innovation & Education University of Central Florida, Orlando, FL	2018 – 2022
Assistant Professor (tenure-track) Department of Kinesiology School of Kinesiology and Physical Therapy University of Central Florida, Orlando, FL	2016 – 2019
Post-Doctoral Research Fellow Department of Nutrition Harvard T.H. Chan School of Public Health Harvard University, Cambridge, MA	2015 – 2016
Doctoral Student Researcher Department of Kinesiology Curry School of Education University of Virginia, Charlottesville, VA	2012 – 2014
Graduate Student Researcher Department of Epidemiology Diabetes Prevention and Support Center University of Pittsburgh, Pittsburgh, PA	2011 (July-November)
Graduate Student Researcher Department of Psychology Behavioral Medicine Research Group University of Pittsburgh, Pittsburgh, PA	2008 – 2011
Research Volunteer Department of Psychology Behavioral Medicine Research Group University of Pittsburgh, Pittsburgh, PA	2007 – 2008
Graduate Student Researcher Department of Health & Physical Activity University of Pittsburgh, Pittsburgh, PA	2005 – 2008

OTHER PROFESSIONAL EXPERIENCE

Exercise Specialist **2011 – 2012**
Highmark Corporation
Pittsburgh, PA

PEER REVIEWED PUBLICATIONS

*Corresponding author

^Mentored graduate student

^^Mentored undergraduate student

Brazendale K, Rovito M, & **Garcia JM**. Changing attitudes towards research through a course-based undergraduate research experience. *Journal of the Scholarship of Teaching and Learning*. **Accepted**

Garcia JM, Murray ML, Brazendale K, Rice DJ, & Fukuda DH. Effects of a family judo program on sleep quality in youth with Autism Spectrum Disorder. *Sleep Medicine*. **Accepted**

Gant J^^, Hanney W, **Garcia, J**, & Kolber M. The role of resilience in the perception of herniated lumbar intervertebral discs. *Journal of Allied Health*. **Accepted**

Allee K, **Garcia JM**, Roberts S, & Clark M. Sitting less for success. Reducing sedentary behaviors to increase kindergarten achievement. *Journal of School Health*. Advance online publication. **2023**
<https://doi.org/10.1111/josh.13409>

Han E, Sukhu B, **Garcia JM**, Lopez-Castillo H, & Lee E. The relationship between dietary inflammatory potential and cancer outcomes among cancer survivors: a systematic review of cohort studies. *Translational Oncology*. **2023**
<https://doi.org/10.1016/j.tranon.2023.101798>

Brazendale K, **Garcia J**, Quelly S, Lawrence S, Gurnurkar S, & Hunt E. Weight-related behaviors of children with autism spectrum disorder during summer versus school months. *Research in Autism Spectrum Disorders*. **2023**
<https://doi.org/10.1016/j.rasd.2023.102230>

Garcia JM, Perry CT^^, Murray ML^, Shurack R^, Brazendale K, & Fukuda D. The evaluation of a family-based judo program for children with Autism Spectrum Disorder. *Advances in Neurodevelopmental Disorders*. **2023**
<https://doi.org/10.1007/s41252-023-00363-0>

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- Newsome A, **Garcia JM**, & Dedrick RF. Initial development and validation of the campus recreation constraints and negotiations questionnaire. *Recreational Sports Journal*. <https://doi.org/10.1177/15588661231219085> **2023**
- Anestal C, **Garcia JM**, & Brazendale K. Metabolic syndrome risk in US college students: a longitudinal pilot study. *American Journal of Lifestyle medicine*. <https://doi.org/10.1177/15598276231151922> **2023**
- Tahech M^{^^}, Odahowski C, & **Garcia JM**. * Differences in eating-related Behaviors and weight concerns between youth with Autism Spectrum Disorder and neurotypical youth. *Advances in Neurodevelopmental Disorders*. <https://doi.org/10.1007/s41252-023-00329-2> **2023**
- Garcia JM**, Shurack R, ^{^^} Leahy N, [^] Brazendale K, Lee E, & Lawrence, S. Feasibility of a remote-based nutrition education & culinary skills program for young adults with Autism Spectrum Disorder. *Journal of Nutrition Education & Behavior*. <https://doi.org/10.1016/j.jneb.2022.11.002> **2023**
- Buro AW, Shurack R, **Garcia JM**, & Gray HL. Recommended practices for virtual nutrition education interventions for adolescents with autism spectrum disorder: a reflection from two pilot interventions during the COVID-19 pandemic. *Nutrition and Health*. <https://doi.org/10.1177/02601060231151985> **2023**
- Garcia JM** & Odahowski CL. An urban vs. rural comparison of obesity between youth with and without Autism Spectrum Disorder. *Autism Research*. <https://doi.org/10.1002/aur.2856> **2023**
- Garcia JM**, Hahs-Vaughn D, & Shurack RH^{^^}. Health behaviors, psychosocial factors, and academic engagement in youth with Autism Spectrum Disorder: A latent class analysis. *Autism Research*. <https://doi.org/10.1002/aur.2843> **2023**
- Chaar S, Yoon J, Abdulkarim J, Villalobos J, **Garcia JM**, & Lopez Castillo H. Angina outcomes in secondhand smokers: Results from the National health and Nutrition Examination Survey (NHANES) 2007-2018. *Avicenna Journal of Medicine*. <https://doi.org/10.1055%2Fs-0042-1750730> **2022**
- Quelly S, Eckhoff D, Luzincourt G, **Garcia JM**, & Smith S. Feasibility of parents promoting fruit-infused water to reduce preschool children's sugar-sweetened beverage consumption. *Health Promotion Practice* <https://doi.org/10.1177/02601060221086113> **2022**

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- Renziehausen J[^], Rivera P[^], Leahy N[^], Fukuda, D, & **Garcia JM.*** The feasibility of a community-based judo program and cortisol collection in children with Autism. *Advances in Neurodevelopmental Disorders*. <http://dx.doi.org/10.1007/s41252-022-00237-x> **2022**
- Garcia JM**, Brewer B, Healy S, & Patterson F. The temporal relationships between 24-hour movement behaviors among children with Autism Spectrum Disorder. *Advances in Neurodevelopmental Disorders*. <http://dx.doi.org/10.1007/s41252-022-00238-w> **2022**
- Garcia JM**, Cathy B[^], Leahy N[^], Shurack R^{^^}, Brazendale K, Lee E, & Lawrence S. Evaluation of a nutrition education and culinary program for adolescents with Autism Spectrum Disorder. *Journal of Nutrition Education and Behavior*. [10.1016/j.jneb.2021.06.003](https://doi.org/10.1016/j.jneb.2021.06.003) **2021**
- Shurack R^{^^}, **Garcia JM***, Brazendale K, & Lee E. Feasibility and acceptability of a remote-based nutrition education program for adolescents with Autism Spectrum Disorder: a COVID-19 pilot study. *Journal of Autism and Developmental Disorders*. [10.1007/s10803-021-05301-4](https://doi.org/10.1007/s10803-021-05301-4) **2021**
- Katz J[^] & **Garcia JM.*** The role of psychosocial factors in the decision to enroll in physical education courses at the state college level. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2021.1953031> **2021**
- Brazendale K, Rayan S, Eisenstein D, Blankenship M, Rey A, **Garcia JM**, Odahowski CL, & Leon A. Obesogenic behaviors of rural children on school and non-school days, *Childhood Obesity*. [10.1089/chi.2021.0084](https://doi.org/10.1089/chi.2021.0084) **2021**
- Brazendale K, **Garcia JM**, Hunt ET, Blankenship M, Eisenstein D, & Leon A. Preliminary evidence of children's weight gain from 5 months of home quarantine during COVID-19 pandemic. *American Journal of Lifestyle Medicine*. <https://doi.org/10.1177/15598276211006657> **2021**
- Lawrence SA, **Garcia JM**, Stewart C, & Rodriguez C. The mental health and behavioral health impact of COVID-19 stay-at-home orders on social work students. *Social Work Education*. <https://doi.org/10.1080/02615479.2021.1883582> **2021**

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-
- Brazendale K, Beets MW, Armstrong B, Weaver RG, Hunt ET, Pate RR, 2021
Brusseau TA, Bohnert AM, Olds T, Tassitano RM, Tenorio MCM, **Garcia JM**,
Anderson LB, Davey R, Hallal PC, Jago R, Kolle E, Kriemler S, Kristensen PL,
Kwon S, Puder JJ, Salmon J, Sardinha LB, & van Sluijs EMF, on behalf of the ICAD
collaborators. Children's moderate-to-vigorous physical activity on weekdays
versus weekend days: A multi-country analysis. *International Journal of Behavioral
Nutrition and Physical Activity*. <https://doi.org/10.1186/s12966-021-01095-x>.
- Maldari M, **Garcia JM**, & Rice DJ. The Impact of Health Education on Physical 2021
Activity Correlates in College Students. *Journal of American College Health*, 1-6,
advance online publication. <https://doi.org/10.1080/07448481.2021.1879812>
- Garcia JM**, Cathey BS[^], Garcia AV^{^^}, Shurack R^{^^}, Brazendale K, 2021
Leahy N[^], Fukuda D, & Lawrence S. The transition of a judo program from in-person
to remote delivery during COVID-19 for youth with Autism Spectrum Disorder.
Advances in Neurodevelopmental Disorders, advance online publication.
<https://doi.org/10.1007/s41252-021-00198-7>
- Maclellan R, Ogilvie D, McDorman J, Vargas E, Grusky AR, Youngdeok K, 2021
Garcia JM, & Stock MS. The time course of neuromuscular impairment during
short-term knee joint immobilization in young women. *Physiological Reports*.
<https://physoc.onlinelibrary.wiley.com/doi/epdf/10.14814/phy2.14677>
- Lee E, Zhu J, Velazquez J, Bernardo R, **Garcia JM**, Rovito M, & Hines RB. 2021
Evaluation of diet quality among American adult cancer survivors: Results from
2005-2016 National Health and Nutrition Examination Survey. *Journal of Academy
of Nutrition and Dietetics*. <https://doi.org/10.1016/j.jand.2020.08.086>
- Brazendale K, Brazendale A, **Garcia JM**, Monroe C, Weaver RG, & Beets M. 2021
Obesogenic behaviors of children with developmental disabilities during summer.
Journal of Autism and Developmental Disorder.
<https://doi.org/10.1007/s10803-020-04566-5>.
- Garcia JM**, Lawrence S, Leahy N[^], Brazendale K, & Fukuda D. Brief Report: 2021
The impact of the COVID-19 pandemic on health behaviors in adolescents with
Autism Spectrum Disorder. *Disability and Health*.
<https://doi.org/10.1016/j.dhjo.2020.101021>
- Garcia JM***, Leahy N[^], Brazendale K, Quelly S, & Lawrence S. A school-based 2021
Fitbit program to promote physical activity in youth with Autism Spectrum Disorder:
A feasibility study. *Disability and Health*. <https://doi.org/10.1016/j.dhjo.2020.100990>.

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- Healy S, Brewer B, **Garcia JM**, & Patterson F. Sweat, sit, sleep: a compositional analysis of 24-hour movement behaviors and body mass index among children with Autism Spectrum Disorder. *Autism Research*. <https://doi.org/10.1002/aur.2434> **2021**
- Garcia JM** & Hahs-Vaughn D. Health factors, sociability, and academic outcomes of typically developing youth and youth with Autism Spectrum Disorder: A latent class analysis approach. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-020-04572-7>. **2021**
- Rivera P[^], Renziehausen J[^], & **Garcia JM***. The effects of an 8-week Judo program on behavior in children with Autism Spectrum Disorder: A mixed-methods analysis. *Child Psychiatry and Human Development*. <https://doi:10.1007/s10578-020-00994-7>. **2020**
- Garcia JM**, Leahy NA[^], Brazendale K, & Rice DJ. The Association between lifestyle behaviors and sleep in youth with Autism Spectrum Disorder. *Disability and Health*. <https://doi.org/10.1016/j.dhjo.2019.100885>. **2020**
- Brazendale K, Brazendale A, **Garcia JM**, Leahy N, McDonald AA, Kenney M, Weaver RG, & Beets MW. Breaking Tradition: Increasing physical activity and reducing sedentary time of children with developmental disabilities. *Disability and Health*. <https://doi:10.1016/j.dhjo.2019.100869>. **2020**
- MacClennan RJ, Sahebi M, Davis E, Becker N, **Garcia JM**, & Stock MS. Declines in skeletal muscle quality vs. size following two weeks of knee joint immobilization. <https://doi.org/10.7717/PEERJ.8224>. **2020**
- Garcia JM**, Rivera P[^], Renziehausen J[^], Leahy N[^], Fukuda D, Samuels J, & Stout J. Brief report: preliminary efficacy of a judo program to promote participation in physical activity in youth with Autism Spectrum Disorder. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-019-04338-w>. **2020**
- Haegle J, **Garcia JM**, & Healy S. The Association between neighborhood factors and physical activity and screen-time among youth with visual impairments. *Disability and Health*. <https://www.sciencedirect.com/science/article/pii/S1936657419300378?via%3Dihub> **2019**
- Garcia JM**, Duran AT, Schwartz JE, Booth III JN, Hooker SP, Willey JZ, Cheung YK, Park C, Williams SK, Sims M, Shimbo D, & Diaz KM. Types of sedentary behavior and risk of cardiovascular events and mortality in African Americans: The Jackson Heart Study. *Journal of the American Heart Association*. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6662345/> **2019**

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- Garcia JM**, Baker K[^], Diaz M[^], Tucker J, Kelchner V, & Rice DJ. Implementation fidelity of a mindfulness-based yoga program for children with Autism Spectrum Disorder and their families: a pilot study. *Advances in Neurodevelopmental Disorders*. <https://link.springer.com/article/10.1007/s41252-018-0091-3> **2019**
- Garcia JM**, Baker K[^], Sirard JR, Whaley D, Deutsch NJ, Rice DJ, & Weltman A. The influence of friends and psychosocial factors on physical activity and screen time in overweight and normal weight adolescents: a mixed methods analysis. *American Journal of Health Promotion*. <https://doi.org/10.1177/0890117118771313> **2019**
- Baker K[^], Rice DJ, Healy S, & **Garcia JM***. Association of individual and parental weight loss behaviors with physical activity in overweight and normal weight adolescents. *Journal of Physical Activity and Health*. <https://doi.org/10.1123/jpah.2017-0279> **2018**
- Healy S, **Garcia JM**, & Haegle J. Environmental factors associated with physical activity and screen time among children with and without autism spectrum disorder. *Journal of Autism and Developmental Disorders*. <https://link.springer.com/article/10.1007/s10882-018-9642-9> **2018**
- Healy S, & **Garcia JM**. Psychosocial correlates of physical activity participation and sedentariness in typically developing children and children on the Autism Spectrum. *Journal of Physical and Developmental Disabilities*. <https://link.springer.com/article/10.1007/s10882-018-9642-9> **2018**
- Fralish B^{^^}, Nickels M, & **Garcia JM**. Improved physiology and psychosocial well-being for individuals with physical disabilities through virtual reality immersion: a case study. *Journal of Physical and Developmental Disabilities*. <https://link.springer.com/article/10.1007/s10882-018-9618-9> **2018**
- Barkley L, Taliaferro LA, Baker K[^], & **Garcia JM**. The holistic athletic care model: addressing the developmental, social, and cultural needs of collegiate athletes. *Journal of Higher Education Athletics & Innovation*. <https://doi.org/10.15763/issn.2376-5267.2018.1.3.26-47> **2018**
- Brittin J, Frerichs L, Sirard JR, Wells NM, Myers BM, **Garcia JM**, Sorenson D, Trowbridge MJ, & Huang T. Impacts of active school design on school-time sedentary behavior and physical activity: A pilot natural experiment. *PLoS ONE*. <https://doi.org/10.1371/journal.pone.0189236> **2017**

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- Ash T[^], Bowling A, Davison KK, & **Garcia JM***. Physical activity interventions for children with social, emotional, and behavioral disabilities: A systematic review. *Journal of Developmental and Behavioral Pediatrics*. **2017**
<https://doi.org/10.1097/dbp.0000000000000452>
- Healy S, Haegle JA, Grenier M, & **Garcia JM**. Physical activity, screen-time behavior, and obesity among 13-year olds in Ireland with and without Autism Spectrum Disorder. *Journal of Autism and Developmental Disorders*. **2017**
<https://doi.org/10.1007/s10803-016-2920-4>
- Garcia JM**, Agaronov A, Sirard JR, Whaley D, Rice DJ, & Weltman A. Psychosocial and friend and influences on sedentary behavior and screen time: a mixed methods analysis. *Journal of Physical Activity and Health*. **2017**
<https://doi.org/10.1123/jpah.2016-0035>
- Garcia JM**, Cox DJ, & Rice DJ. Associations of physiological and psychological health outcomes with physical activity and sedentary behavior in adults with type 2 diabetes. *BMJ Open Diabetes Research & Care*. **2017**
<https://doi.org/10.1136/bmjdr-2016-000306>
- Garcia JM**, Sirard JR, Deutsch NJ, & Weltman A. The influence of friends on physical activity and sedentary behavior in adolescents: a mixed methods analysis. *Journal of Behavioral Medicine*. **2016**
<https://doi.org/10.1007/s10865-016-9738-6>
- Davison K, Bowling A, **Garcia J**, Wood B, Hermes R, Prince J, Hayes A, Kow R, Newlan S, & Slavet J. A cybercycling intervention to improve behavioral regulation and classroom functioning among children with behavioral health disorders: pragmatic randomized trial design for Manville Moves. *Contemporary Clinical Trials*. **2016**
<https://doi.org/10.1016/j.cct.2016.05.008>
- Garcia JM**, Sirard JR, Larson R, Bruening M, Wall M, & Neumark-Stzainer D. Social and psychological factors associated with adolescent physical activity. *Journal of Physical Activity and Health*. **2016**
<https://doi.org/10.1123/jpah.2015-0224>
- Garcia JM**, Healy S, & Rice DJ. The individual, social, and environmental correlates of physical activity and screen time in Irish children: The Growing Up in Ireland Study. *Journal of Physical Activity and Health*. **2016**
<https://doi.org/10.1123/jpah.2015-0659>
- Garcia JM**, Huang TT, Trowbridge MJ, Weltman A, & Sirard JR. Comparison of stable and dynamic furniture on physical activity and learning in children. *Journal of Primary Prevention*. **2016**
<https://doi.org/10.1007/s10935-016-0451-6>

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Bowling A, Slavet J, **Garcia JM**, Haneuse S, Newlan S, Miller DP, & Davison KK. **2016**
Implementation fidelity of a cybercycling curriculum among children with behavioral health disorders. *Translational Journal of the American College of Sports Medicine*.
[doi: 10.1249/TJX.0000000000000008](https://doi.org/10.1249/TJX.0000000000000008)

Agaronov A, Leung MM, **Garcia JM**, Kwan A, Yeh MC, Zarcadoolas C, & Platkin C. **2016**
Feasibility and reliability of the system for observing play and leisure activity in youth (SOPLAY) for measuring moderate to vigorous physical activity in children visiting an interactive children's museum exhibition. *American Journal of Health Promotion*. <https://doi.org/10.1177/0890117116671074>

Hull EE, **Garcia JM**, Thompson AM, Nagle EF, & Robertson RJ. **2016**
Parenthood and physical activity in young adults: a qualitative study. *Journal of Physical Activity and Health*. <https://doi.org/10.1123/jpah.2013-0412>

MANUSCRIPTS CURRENTLY UNDER REVIEW

Maldari M, **Garcia JM**, & Rice DJ. University experiences in a mandatory health and wellness course: a qualitative investigation. *Journal of American College Health*. **Under Review**

Garcia JM, Barkley L, Murray ML^{^^}, & Taliaferro L. Sports medicine physician perceptions on promoting health equity and youth development in clinical practice: Challenges and opportunities. *Clinical Journal of Sports Medicine*. **Under Review**

Garcia JM, Perry C^{^^}, Murray ML^{^^}, Brazendale K, Rice DJ, & Fukuda, DH. The physical and psychosocial benefits of a family judo program for parents of children with autism spectrum disorder. *Disability and Health Journal*. **Under Review**

CONFERENCE ORAL PRESENTATIONS

*Presenting author

^Mentored graduate student

^^Mentored undergraduate student

Perry CT *^{^^}, Murray ML[^], & **Garcia JM**. *The benefits of a family-based judo program on behavioral outcomes and activity levels in youth with autism spectrum disorder*. American College of Sports Medicine National Conference, Denver, CO. **2023**

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Ledoyen G *^ & **Garcia JM**. *The association between participation in health-related behaviors and peer relationships in youth with ADHD*. American College of Sports Medicine National Conference, Denver, CO. **2023**

Brazendale K*, **Garcia JM**, Quelly S, Lawrence S, Gurnurkar S, & Hunt ET. *Objectively measured physical activity and sleep during summer versus school days among children with autism spectrum disorder*. International Society of Behavioral Nutrition and Physical Activity Conference, Uppsala, Sweden. **2023**

Shurack R*^^ & **Garcia JM**. *Evaluation of in-person & remote-based learning of a nutrition program for adolescents with Autism Spectrum Disorder: A COVID-19 pilot study*. American College of Sports Medicine Southeast Regional Conference (virtual). **2021**

Garcia JM & Hahs-Vaughn D*. *Health behavior profiles of children diagnosed with Autism Spectrum Disorder: a latent class analysis*. American Education Research Association Annual Meeting (virtual). **2021**

Allee-Herndon K* & **Garcia JM**. *Play as pedagogy: increasing achievement and decreasing sedentary behavior in Title I kindergartens*. American Education Research Association Annual Meeting (virtual). **2021**

Garcia JM*, Brazendale K, & Lee E. *Transition of an in-person culinary program to remote delivery during the COVID-19 pandemic for adolescents with Autism Spectrum Disorder*. Association of Schools Advancing Health Professions Live Virtual Series. **2020**

Rivera PM*^, Renziehausen JM^, & **Garcia JM**. *Effects of an 8-week Judo program on behaviors in children with Autism Spectrum Disorder*. American College of Sports Medicine Southeast Regional Conference, Jacksonville, FL **2020**

Renziehausen JM*^, Rivera PM, Baker KM, Leahy NA, & **Garcia JM**. *Physical activity and sleep quality in youth with Autism Spectrum Disorder*. American College of Sports Medicine National Conference, Orlando, FL **2019**

Baker KM*^ & **Garcia JM**. *The effect of music on exercise performance*. American College of Sports Medicine Southeast Regional Conference, Greenville, SC. **2019**

Garcia JM*, Kameh T, Sirard JR, & Weltman A. *The influence of friends on psychosocial factors, physical activity and screen time in healthy and overweight adolescents*. American College of Sports Medicine National Conference, San Diego, CA **2015**

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- Garcia JM***, Healy S, & Sirard JR. *Youth physical activity participation: The importance of the social environment*. Society of Health and Physical Education, Orlando, FL. **2015**
- Garcia JM***, Sirard JR, Larson R, & Neumark-Sztainer D. *Individual psychological factors and social support associated with adolescent physical activity*. American College of Sports Medicine National Conference, Indianapolis, IN. **2013**
- Garcia JM***, Sirard JR, & Neumark-Sztainer D. *Individual and social level correlates of adolescent physical activity*. American College of Sports Medicine Southeast Regional Conference, Greenville, SC. **2013**

CONFERENCE POSTER PRESENTATIONS

-
- Leahy N.*[^] & **Garcia JM**. *Physical activity and sleep patterns in children with Cerebral Palsy*. American College of Sports Medicine Southeast Regional Conference, Jacksonville, FL. **2020**
- Garcia JM***. *Student-led interdisciplinary teams enhance student research experiences*. Association of Schools of Allied School Professions Annual Conference, Charleston, SC. **2019**
- Rivera PM*[^], Renziehausen JM[^], Baker KM[^], Leahy NA[^], & **Garcia JM**. *The examination of judo on physical activity and sleep in children with Autism Spectrum Disorder*. American College of Sports Medicine National Conference, Orlando, FL. **2019**
- Leahy N*[^], Healy S, Haegele J, & **Garcia JM**. *Parental and mentor involvement in physical activity in adolescents with Autism Spectrum Disorder*. American College of Sports Medicine Southeast Regional Conference, Greenville, SC. **2019**
- Puig EA* Robinson SL, Campbell LO, Kelchner V, Olcese N, Gelfuso A, & **Garcia J**. *Constructing a professional networked improvement community of promising practices on a transdisciplinary spectrum of instruction*. Carnegie Foundation Summit on Improvement in Education, San Francisco, CA. **2017**
- Agaronov A*[^], Sirard JR, Whaley D, Deutsch N, Rice DJ, Weltman A, & **Garcia JM**. *Psychosocial and friend influences on screen time and objective sedentary behavior: a mixed methods analysis*. American College of Sports Medicine National Conference, Boston MA. **2016**

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- Rice DJ*, **Garcia JM**, & Cox DJ. *The association of physical activity and sedentary behavior with psychological outcomes in patients with type 2 diabetes*. American College of Sports Medicine National Conference, Boston MA. **2016**
- Tran A*^, **Garcia JM**, Sirard JR, Whaley D, Deutsch N, Rice DJ, & Weltman A. *Motivation for sports participation among high and middle school students: a mixed methods analysis*. American College of Sports Medicine National Conference, Boston, MA. **2016**
- Garcia JM***, Sirard JR, Deutsch NL, & Weltman A. *Influence of friends on physical activity and sedentary behavior in adolescents: a mixed methods analysis*. American College of Sports Medicine National Conference, San Diego, CA. **2015**
- Rice DJ*, **Garcia JM**, Sirard JR, & Weltman A. *The association of friends' activity with adolescents' physical activity and sedentary behavior*. American College of Sports Medicine National Conference, San Diego, CA. **2015**
- Paisley AS*, **Garcia JM**, Sirard JR, Deutsch NL, & Weltman A. *Comparison of family and friend support on physical activity in adolescent*. American College of Sports Medicine National Conference, San Diego, CA. **2015**
- Garcia JM***, Huang TT, Trowbridge MJ, Weltman A, & Sirard JR. *Comparison of stable and dynamic school furniture on physical activity and learning in children*. American College of Sports Medicine National Conference, Orlando, FL. **2014**
- Peterson N*, **Garcia JM**, & Sirard JR. *Influences of two-year changes in sedentary behavior and physical activity on adolescent weight status*. American College of Sports Medicine National Conference, Orlando, FL. **2014**
- Garcia JM***, Erickson K, Raji C, Lopez O, Becker J, Newman A, Rosano C, & Kuller L. *Physical activity is predictive of dementia but not mortality*. International Conference on Alzheimer's disease, Paris, France. **2011**
- Hull EE*, **Garcia JM**, Nichols R, Nagle EF, Robertson RJ, & Arena VC. *Parenthood and Physical Activity in Young Adults: A Qualitative Study*. American College of Sports Medicine National Conference, Denver, CO. **2011**
- Garcia JM*** & Kamarck TW. *Daytime physical activity is associated with nocturnal blood pressure dipping: The Pittsburgh Healthy Heart Project*. American Psychosomatic Society Conference, San Antonio, TX. **2011**
- Garcia JM***, Nagle EF, Robertson RJ, & Aaron DJ. *Association of exercise-induced salivary cortisol levels to exertional perception and affect*. American College of Sports Medicine National Conference, Seattle, WA. **2009**

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College of Applied Human Sciences • West Virginia University

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- Rice DJ*, **Garcia JM**, Robertson RJ, Nagle EF, & Aaron DJ. *Differences in psychosocial factors according to physical activity levels in males and females.* American College of Sports Medicine National Conference, Seattle, WA. **2009**
- Kamarck TW*, Shiffman S, **Garcia J**, & Muldoon M. *Daily psychosocial demands are associated with six-year changes in ambulatory blood pressure: The Pittsburgh Healthy Heart Project.* American Psychosomatic Society Conference, Chicago, IL. **2009**
- Garcia JM***, Rice DJ, Aaron DJ, Nagle EF, & Robertson RJ. *Association of physical activity and body dissatisfaction in young adults.* American College of Sports Medicine National Conference, Indianapolis, IN. **2008**
- Garcia JM***, Bear TW, Hall M, & Kamarck TW. *Wrist and waist-based accelerometry measures of physical activity are independent predictors of within-person variance in ambulatory blood pressure.* American Psychosomatic Society Conference, Baltimore, MD. **2008**
- Rice DJ*, **Garcia JM**, Aaron DJ, Nagle EF, & Robertson RJ., *Correlates of walking for exercise in young adults.* American College of Sports Medicine National Conference, New Orleans, LA. **2007**
- Book Chapters:**
- Sirard JR, **Garcia JM**. *Stealth Interventions. Curbside Consultations in Pediatric Obesity: 49 Clinical Questions.* SLACK Incorporated. p. 171-173. **2014**

RESEARCH FUNDING

Title: Evaluation of a Health & Well-Being Course for College Students with Intellectual and Neurodevelopmental Disabilities
Role: Co-PI
Dates: September 2024 – August 2027
Funder: Spencer Foundation
Award: \$50,000
Status: Under Review

Jeanette Garcia, PhD

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Title: Feasibility of Combining Family-Based Judo with Fitness Trackers to Increase Physical Activity in Youth with Autism Spectrum Disorder

Role: PI

Dates: Submitted October, 2022

Funder: National Institutes of Health

Award: \$152,000

Status: Scored, not funded

Title: Mindfulness-Based Judo to Enhance Engagement in Reading Comprehension Strategy Instruction for Students with Autism: A Feasibility Study

Role: Co-PI

Dates: May 2022-April 2023

Funder: UCF SEED Funding Program

Award: \$19,234.90

Status: Complete

Title: School Versus Summer Weight-Gain and Health-Related Behaviors in Youth with Autism Spectrum Disorder

Role: Co-PI

Dates: January 2022-September 2022

Funder: Elizabeth Morse Genius Foundation

Award: \$40,000

Status: Complete

Title: Healthy Moves Program

Role: PI

Dates: 2020-2021

Funder: Sprouts Market

Award: \$5000

Status: Complete

Title: Development of a Family-Centered Cooking Class for Adolescents with Autism Spectrum Disorder

Role: PI

Dates: 2019-2020

Funder: Healthy Weight Research Network

Award: \$25,000

Status: Complete

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Title: Implementation of a School-Based FitBit Intervention to Increase Physical Activity in Youth with Autism Spectrum Disorder

Role: PI

Dates: 1/1/2019-12/31/2019

Funder: UCF School of Social Work

Award: \$5,000.00

Status: Complete

Title: The Effects of a Judo Program on Youth with Autism Spectrum Disorder

Role: PI

Dates: 2018-2019

Funder: Toni Jennings Exceptional Education Institute

Award: \$6,000.00

Status: Complete

Title: Exploring Links between Healthy Eating, Food Waste, Child Development, and Academic Performance among Elementary School Students

Role: Co-PI (PI: Benegdal Okumus)

Dates: 2018-2019

Funder: Rosen College of Hospitality Management

Award: \$10,000.00

Status: Complete

Title: Multidisciplinary Collaboration to Reduce Health Disparities Among Minority and Underserved Children

Role: PI

Dates: 01/01/2018 – 12/31/2018

Funder: UCF Office of Research and Commercialization

Award: \$37,499.00

Status: Complete

Title: Partnership to Increase Physical Activity and Overall Well-being in Typically Developing Girls and Girls with Varying Exceptionalities: Girls on the Run Program

Role: PI

Dates: 2017

Funder: Burnett Honors College

Award: \$1,200.00

Status: Complete

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Title: Bringing Physical Activity and Nutrition into the Classroom to Inspire Teachers and Students to Engage in Healthy Behaviors

Role: PI

Dates: 2017

Funder: UCF College of Education and Human Performance

Award: \$21,586.94

Status: Complete

Title: Inspiring Teachers to Prevent Type II Diabetes: Exploring the Needs and Interests of K-12 Teachers, Children, and their Family Members

Role: Co-PI (PI: Atsusi Hirumi)

Dates: 2017

Funder: UCF College of Education and Human Performance

Award: \$14,047.94

Status: Complete

Title: Mixed Method Evaluation of a Modified-Judo Training Program for Children with Autism Spectrum Disorder.

Role: PI

Dates: 2017

Funder: UCF Office of Research and Commercialization

Award: \$7500.00

Status: Complete

Title: Use of Activity Behavior Assessments to Enhance Sport and Exercise Science Students' Academic Experience.

Role: PI

Dates: 2017

Funder: University of Central Florida

Award: \$46,753.03

Status: Complete

Title: Effects of a Modified-Judo Training Program on Children with Autism Spectrum Disorder: A Mixed-Methods Analysis.

Role: PI

Dates: 2016-2017

Funder: Executive Director – Morgridge International Reading Center

Award: \$8000.00

Status: Complete

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Miscellaneous Funding Received:

Title: Judo for Autism

Role: PI

Dates: 2021-2022

Funder: Fraternal Order of Eagles

Award: \$85,000

Status: Ongoing

Title: CVD Epidemiology Training Program in Behavior, the Environment, and Global Health

Role: Post-doctoral investigator, Harvard T.H. Chan School of Public Health

Dates: 1/2015-5/2016

Funder: National Research Service Award (T32 Training Grant)

Award: Salary and benefits for post-doctoral research

Status: Complete

AWARDS & HONORS

- UCF Champion of Undergraduate Research: Rising Star Award **2023**
- UCF College of Health Professions and Sciences Research Incentive Award **2023**
- UCF College of Health Professions and Sciences Excellence in Research Award **2022**
- University of Central Florida Luminary Award **2020**
- UCF College of Health Professions and Sciences Summer Salary Support for Grant Proposal Submission **2019**
- UCF College of Health Professions and Sciences Award for Faculty Mentorship of Students in Proposal Submissions **2019**
- University of Virginia Superlative Teaching Assistant Award **2014**

TEACHING

Undergraduate Teaching:

- *Exercise Psychology-online (SEP 383) **Fall 2023**
- Exercise Psychology (SEP 383) **Fall 2023**
- Applied Health Research Methodology (HSC 4730) **Spring 2020-Spring 2022**
- Preventive Health Care (HSC 3211) **Fall 2019-Spring 2023**
- Physical Activity and Preventive Medicine (PET 4088) **Fall 2016-Spring 2018**

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Graduate Teaching:

- Exercise Prescription in Special Populations **Fall 2016, Summer 2017, Summer 2018**
 (PET 6690)
- Physical Activity, Nutrition, and Weight Control **Spring 2017, 2018, & 2019**
 (PET 6366)
- *Physical Activity and Nutritional Epidemiology **Fall 2017 & 2018**
 (PET 6372)

***Developed Course**

Guest Lectures:

- Health & Well-Being class for the Country Roads program **Fall 2023**
- WVU Autism Support Program **Fall 2023**

Miscellaneous

- Earned a “Quality Designation” for an online course development of **2023**
 HSC 3211: Preventive Health Care at UCF

UNDERGRADUATE MENTORING

Honors Undergraduate Thesis

- | | | |
|-------------------------|------------------|--------------------|
| • Jeslin George | Committee Chair | Summer 2023 |
| • Eric Han | Committee Member | Fall 2022 |
| • Alina Wise | Committee Member | Fall 2022 |
| • Ava Bettencourt | Committee Chair | Fall 2022 |
| • Mariam Spieler Tahech | Committee Chair | Summer 2022 |
| • Jonah Grant | Committee Member | Spring 2022 |
| • Chelsea Anestal | Committee Member | Spring 2022 |
| • Jazlyn Akridge | Committee Chair | Summer 2021 |
| • Madisyn Pelchat | Committee Chair | Spring 2021 |
| • Travon Hodge | Committee Member | Spring 2021 |
| • Riley Shurack | Committee Chair | Fall 2020 |
| • Elise Arnold | Committee Chair | Fall 2020 |
| • Jonathon Nelson | Committee Member | Fall 2020 |
| • Serina Rayan | Committee Member | Fall 2020 |
| • Suzanne Char | Committee Member | Summer 2020 |
| • Auckland Burrell | Committee Chair | Summer 2019 |
| • Demani Barnes | Committee Chair | Spring 2019 |
| • Marina Meinart | Committee Chair | Fall 2018 |
| • Megan Reynolds | Committee Chair | Fall 2018 |

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|-------------------|------------------|--------------------|
| • Kelley Dafoe | Committee member | Spring 2018 |
| • Bethany Fralish | Committee member | Fall 2017 |
| • Keanu Tomey | Committee Chair | Fall 2017 |

Undergraduate Student Advisee Grants & Awards

- | | | |
|---|---------------------|--------------------|
| • Summer Undergraduate Research Fellowship | Jeslin George | Summer 2023 |
| • Summer Undergraduate Research Fellowship | Jillian Weathington | Summer 2023 |
| • CHPS HUT Scholarship | Neha Chittalaru | Summer 2023 |
| • Undergraduate Research Fellowship | Caitlyn Perry | Summer 2022 |
| • UCF Distinguished Undergraduate Research Award | Riley Shurack | Spring 2021 |
| • UCF Office of Undergraduate Research Grant | Riley Shurack | Fall 2020 |
| • Honors Undergraduate Research Scholarship | Elise Arnold | Fall 2020 |
| • Undergraduate Research Fellowship | Riley Shurack | Summer 2020 |
| • Undergraduate Research Fellowship | Ana Garcia | Summer 2020 |
| • Undergraduate Research Fellowship | Elise Arnold | Summer 2020 |
| • Department of Health Sciences Undergraduate Scholarship | Riley Shurack | Spring 2020 |
| • UCF Office of Undergraduate Research Grant | Demani Barnes | Summer 2019 |
| • Undergraduate Research Fellowship | Megan Reynolds | Summer 2018 |
| • Undergraduate Research Fellowship | Demani Barnes | Summer 2018 |
| • Honors Undergraduate Research Scholarship | Keanu Tomey | Fall 2017 |
| • Undergraduate Research Fellowship | Keanu Tomey | Summer 2017 |

GRADUATE MENTORING

Doctoral Dissertation Chair

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|--|----------------|--------------------|
| • WVU, Sport, Exercise, & Performance Psychology | Candace Brink | In progress |
| • UCF, Kinesiology | Nicholas Leahy | In progress |
| • UCF, Curriculum & Instruction | Greta Ledoyen | Fall 2023 |
| • UCF, Curriculum & Instruction | Jennifer Katz | Spring 2020 |
| • UCF, Kinesiology | Kayla Baker | Spring 2019 |

Doctoral Dissertation Committee Member

- | | | |
|--|-------------------|--------------------|
| • WVU, Sport, Exercise, & Performance Psychology | Suzanne Vogler | In progress |
| • WVU, Coaching & Teaching Studies | Shannon Zimmerman | In Progress |
| • UCF, Counselor Education | Caitlin Frawley | Summer 2023 |
| • University of South Florida | Lynn Tierney | Fall 2023 |
| • UCF, Nursing | Catherine Riley | In progress |

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• UCF, Nursing	Valerie Martinez	In progress
• UCF, Elementary Education	Karyn Herndon	Summer 2019
• Philadelphia College of Osteopathic Medicine	Lucy Lubinski	Spring 2019
• UCF, Curriculum and Instruction	Alison Redd	Summer 2018
• UCF, Kinesiology	Mike Redd	Summer 2018

Master's Thesis Committees

• UCF, Anthropology, committee member	Eun Park	In progress
• UCF, Kinesiology, committee chair	Juan Mayo	Spring 2021
• UCF, Kinesiology, committee chair	Michael Marsala	Summer 2019
• UCF, Kinesiology, committee chair	Justine Renziehausen	Spring 2019
• UCF, Kinesiology, committee chair	Paola Rivera	Spring 2019

Capstone Committees

• UCF, Biomedical Sciences	Braden Cathey	Fall 2019
• UCF, Biomedical Sciences	Gabriella Castaneira	Fall 2019

Graduate Student Mentee Grants

• UCF, Kinesiology, NSCA-GNC Nutritional Research Grant	Erica Goldstein	Summer 2018
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Independent Research Students - Graduate

• UCF, Kinesiology	Advisor	Daria Lotocky	Spring 2017
• UCF, Kinesiology	Advisor	Cassandra LeBlanc	Spring 2017
• Harvard University	Advisor	Alen Agaronov	Spring 2016
• Harvard University	Advisor	Alvin Tran	Spring 2016
• University of Virginia	Co-advisor	Marshall Milbrath	Spring 2014
• University of Virginia	Advisor	Jessica Ravensbergen	Spring 2014
• University of Virginia	Advisor	Abbey Karin	Spring 2014
• University of Virginia	Advisor	Rachael Cho	Spring 2014
• University of Virginia	Advisor	Kiersten Kauffman	Spring 2013

SERVICE

Service to the College and University

• School of Sport Sciences Faculty Evaluation Committee	Fall 2023-Present
• WVU College of Applied Human Sciences (CAHS) Academic Day Faculty Volunteer	Fall 2023

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- Invited Speaker for WVU Honor’s College Diversity Series: “Critical Conversations on Disability” **Fall 2023**
- Faculty Advisor to the Autism in Motion Student Organization **Summer 2022-Spring 2023**
- College of Health Professions and Sciences Instructor/Lecturer Promotion Review Committee (chair) **Summer 2022-2023**
- College of Health Professions and Sciences Research Council **Fall 2022**
- Student Scholar Symposium Judge **April 2022**
- College of Health Professions and Sciences Faculty Council (Co-chair) **Fall 2019 – Summer 2021**
- Graduate Student Appeals Committee **Fall 2018 – Summer 2021**
- Member of the Population Health Taskforce **Fall 2017 – Spring 2023**
- Healthy CHPS’N TIPS – Staying Active During COVID-19 Pandemic (Presentation) **November 2020**
- Reviewer for the UCF Office of Research Seed Funding Proposals **October 2019**
- Dean of the College of Health Professions and Sciences Search Committee **Spring 2018 – Spring 2019**
- Faculty Marshall, Summer Graduation **August 2019**
- Member of the Serving High Needs Populations Special Interest Group, College of Education and Human Performance **Fall 2016 – Spring 2017**
- Member of the CEDHP-ACE Partnership Team, College of Education and Human Performance, OCPS Academic Center for Excellence **Spring 2017**

Service to the Department

- Sport, Exercise, & Performance Psychology Undergraduate Student Experience and Assessment Coordinator **Fall 2023-Present**
- Tenure & Promotion Review Committee (chair) **Summer 2021–Spring 2023**
- Annual Evaluation Standards & Procedures (AESP) Committee **Spring 2020–Spring 2023**
- Health Sciences Curriculum Committee **Fall 2019–Spring 2023**
- School of Kinesiology and Physical Therapy Search Committee **Summer 2018 – Spring 2019**
- Faculty Advisor – Sport and Exercise Science Club **Fall 2016 – Summer 2019**

Service to the Profession

Manuscript reviewer:

- Adapted Physical Activity Quarterly
- American Journal of Preventive Medicine
- Annals of Behavioral Medicine
- Disability and Health Journal

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- Journal of Autism and Developmental Disorders
- Journal of Adolescent Research
- Pediatric Exercise Science
- Preventive Medicine
- Psychology of Sport & Exercise
- Research in Autism Spectrum Disorders
- Research Quarterly in Sports and Exercise Science

Professional Organization Service:

- Reviewer for National Science Foundation grant proposals **Fall 2023**
- Reviewer for conference abstracts & student grant proposals for the American College of Sports Medicine **2019–2023**
- Session moderator at the American College of Sports Medicine Southeast Regional Conference, Jacksonville, FL **February 2020**
- Reviewed student grant proposals for the National Strength and Conditioning Association (NSCA) **Spring 2017**

Service to the Community

- UCF Providing Autism Links and Support (PALS) Scholarship Committee **2022-2023**
- Member of the Health Advisory Team, MetroPlan Orlando **June 2021–Spring 2023**
- Assisted with physical activity and nutrition program planning for United Cerebral Palsy Charter Schools, Central Florida **Fall 2020**
- Member of the Galileo School Board, Central Florida **June 2018–Spring 2023**
- Assisted with the Paragon School “Winter Olympics” event, Orlando, FL **January 2020**
- Led a series of seminars for parents at the United Cerebral Palsy Charter Schools, “Fitness and Fun for Families”, Central Florida **June 2019**
- Guest lecture at the Crosby Wellness Center, “The Wonders of Wearable Technology”, Winter Park, FL **June 2019**
- Co-organized a 3km race for The Paragon School, Central Florida **April 2019**
- Organized student-led physical education classes for the United Cerebral Palsy Charter Schools, Central Florida **May 2018**

PROFESSIONAL AFFILIATIONS

- Healthy Weight Research Network
- American College of Sports Medicine
- National Strength and Conditioning Association
- Morgridge International Reading Center Fellow