

**Joy Hutchinson, Ph.D., LPC-MHSP, NCC, CCTP-II, EMT-P
Assistant Professor**

West Virginia University
Joy.hutchinson@mail.wvu.edu

Education

University of Memphis , Memphis, Tennessee Ph.D. Counselor Education and Supervision Dissertation Title- <i>The Lived Experiences of Emergency Medical Technicians when Seeking and Participating in Individual Counseling</i> CACREP- Accredited	2023
University of Holy Cross , New Orleans, Louisiana Master of Arts, Clinical Mental Health Counseling CACREP- Accredited	2019
University of Holy Cross , New Orleans, Louisiana Bachelor of Science, Social Counseling	2016
South Louisiana Community College , Lafayette Louisiana Associate of Applied Science, Emergency Medical Services Education	2013

Certification and Licensure

Licensed Professional Counselor-Mental Health Service Provider (LPC-MHSP)

License number: 6356
Valid through: 4/30/2025

Nationally Certified Counselor (NCC)

Certificate number: 1230821
Valid through: 1/31/2026

Certified Trauma Professional (CTP)

Certificate number: 586483
Valid through: 1/17/2025

Board Certified- Telemental Health (BC-TMH)

Awarded: 12/30/2024

Certified Clinical Trauma Professional Level 2 (CCTP-II)

Certificate number: 899747
Valid through: 11/1/2025

National Registered Emergency Medical Technician-Paramedic (NREMT-P)

Certificate number: M8046572

Valid through: 3/31/2023

Research Interests

My research interests center on promoting mental wellness and addressing stigma within the first responder community, with an emphasis on identifying and meeting their unique counseling needs. I also explore critical issues in the counseling profession, including the development of counselor identity, leadership within the field, and the implications of licensure portability for professional mobility and access to care. Additionally, I am deeply invested in examining ethical considerations in counseling practices, ensuring that counselors are equipped to navigate complex professional and cultural challenges while maintaining the highest standards of care. Through this work, I aim to advance both the profession and the well-being of the populations it serves.

Research Experience

Research Team

May 2024

NIJ FY24 Research and Evaluation of Services for Victims of Crime

Multidisciplinary research team

Co-Principal Investigators: Paula Songs, Joy Hutchinson, Deanna Robinson, Yang Jiao, Daniel Mintun

Independent Study

Fall 2019

Project title: What are the Lived Experiences of Emergency Medical Technicians in Therapeutic Counseling: The Barriers to Therapy

Designing a qualitative study

Principal Investigators: Joy Hutchinson & Chi Li

Independent Study

Spring 2021

Project title: A Quantitative Study Examining Barriers to First Responders Seeking Mental Wellness

Designed, distributed, analyzed using SPSS, and presented raw research at AARC

Principal Investigator: Joy Hutchinson

Research Assistant

2019-2020

Project title: Memphis Opioid Workforce Paraprofessional Expansion Program (MOW-PEP)

Principal Investigators: Melissa Hirschi, Michelle Brasfield, Stephen Zanskas, Deranda Lester, James McCutcheon, & Susan Neely-Barnes

Responsibilities included: creating pre/ post-test surveys; collaborating with investigators on recruitment, collaborating with community participants, and helping to coordinate the annual opioid summit.

Teaching Experience

West Virginia University

COUN 686 Internship

Face-to-Face Instruction

Spring 2025

Responsibilities include: Conducting student supervision, evaluation, and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

Texas A&M University Texarkana

COUN 527 Internship II

Instructor

Face-to-Face Instruction

Fall 2024

Responsibilities include: Conducting student supervision, evaluation, and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

COUN 536 Introduction to Trauma Counseling

Instructor

Online Instruction

Summer 2024

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

COUN 516 Pre-Practicum

Instructor

Face-to-Face Instruction

Spring 2024

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

COUN 541 Substance Abuse Counseling

Instructor

Face-to-Face Instruction

Spring 2024

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

PSY 575 Ethics in Counseling

Instructor

Face-to-Face Instruction

Spring 2024

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

COUN 511 Introduction to Counseling Services

Instructor

Face-to-Face Instruction

Fall 2023

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

COUN 585 Crisis Intervention: Theory & Practice

Instructor

Face-to-Face Instruction

Fall 2023

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; and implementing and delivering content.

Tulane University

Guest Presenter Tulane University **Spring 2024**
I'm Safe; You're Safe; We're All Safe: Addressing Mental Health Issues
Presentation on first responders and meeting mental health needs.

Lynn University

CSL 681 Advanced Diagnosis and Techniques **Fall 2022**
Guest Presenter Lynn University
Presentation on first responders and meeting mental health needs.

University of Memphis

COUN 7730 Crisis Intervention
Instructor **2022**
Face-to-Face Instruction
Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; implementing and delivering content with a pedagogical emphasis on increasing understanding of trauma and crisis counseling practices and strategies.

COUN 7630 Clinical Mental Health Counseling
Instructor **Fall 2021**
Face-to-Face Instruction
Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; implementing and delivering content with a pedagogical emphasis on increasing understanding of mental health diagnosis and using the DSM 5.

COUN 4611 Introduction to Counseling
Instructor **Fall 2020**
Synchronous Online Instruction **Spring 2021**
Face-to-Face Instruction **Fall 2021**
Spring 2022

Responsibilities include: Conducting student evaluation and mentoring; independent curriculum and syllabus design; implementing and delivering content with a pedagogical emphasis on increasing understanding of systemic oppression and existing social bias regarding mental health and multiculturally diverse populations.

COUN 8841 Advanced Theories **Spring 2020**
Guest lecturer
Responsibilities include: Face-to-Face lecture

COUN 7531 Group Counseling Process **Fall 2020**
Synchronous Online Instruction

Face-to-Face Instruction **Spring 2021**
Teaching Assistant
Responsibilities include: Conducting student evaluation and mentoring; implementing and delivering content with a pedagogical emphasis on increasing understanding of systemic oppression and existing social bias regarding mental health and multiculturally diverse populations; and leading group processes.

K-12 Experience

St. Tammany Parish School Board **2017-2019**
Substitute Teacher K-12 including Special Education classes

Professional Development

Rapid Resolution Therapy® (RRT) **6/2021**

American Council on Education (ACUE) **10/ 2023**
Promoting Active Learning Online

American Council on Education (ACUE) **3/2024**
Inspiring Inquiry and Preparing Lifelong Learners

TAMUS Teaching with Artificial Intelligence **4/2024**

Grant Writing USA **7/2024**

Supervision

Doctoral Supervisor **Fall 2021**
Hybrid Supervision
Responsibilities include: Conducting student evaluation and mentoring; implementing and delivering content with a pedagogical emphasis on increasing awareness of existing social bias regarding mental health and multiculturally diverse populations.

Doctoral Supervisor **Summer 2021**
Online Supervision
Responsibilities include: Conducting student evaluation and mentoring; implementing and delivering content with a pedagogical emphasis on increasing awareness of existing social bias regarding mental health and multiculturally diverse populations.

Doctoral Supervisor **Spring 2021**
Hybrid Supervision
Responsibilities include: Conducting student evaluation and mentoring; implementing and delivering content with a pedagogical emphasis on increasing awareness of existing social bias regarding mental health and multiculturally diverse populations.

Doctoral Supervisor

Fall 2020

Online Supervision

Responsibilities include: Conducting student evaluation and mentoring; implementing and delivering content with a pedagogical emphasis on increasing awareness of existing social bias regarding mental health and multiculturally diverse populations.

Clinical Experience

Alma Counseling, Online
Clinical Mental Health Counselor

5/2024- present

Legacy Center, Collierville, Tennessee
Clinical Mental Health Counselor

1/2023- present

Forward Counseling, Memphis, Tennessee
Clinical Mental Health Counselor

12/2019- 5/2023

Christ Community Health Services, Memphis, Tennessee
Doctoral Practicum

1/2020- 5/2020

Catholic Charities New Orleans- Counseling Solutions, New Orleans, Louisiana
Counselor in training
Practicum and Internship

8/2015- 5/2016

Thomas E. Chambers Counseling and Training Center- University of Holy Cross, New Orleans Louisiana
Counselor in training
Practicum and Internship

5/2015- 5/2016

Conference Presentations

Invited presenter:

Lynn University, Crisis, Resilience and First Responder Trauma Training Advisory Council (CRAFT-AC), Boca Raton, FL

Helping the Helpers: Mental Health for First Responders

5/2023

Southern Association for Counselor Education and Supervision (SACES) Baltimore, MD
Lived Experiences of Emergency Medical Technicians Seeking and Participating in Individual Counseling

11/2022

NORR Paramedic and EMT Refresher

Mental Wellness and Stigma in First Responders

Invited guest presenter twice a year between

8/2016-8/2022

New Orleans River Region of Emergency Medical Technicians (NORR), Metairie, Louisiana
Mental Health in First Responders

4/ 2016

Presenter:

Law and Ethics in Counseling , New Orleans Louisiana <i>Ethical Concerns of Gateslipping and Its Harm to the Counseling Profession</i>	1/2024
Law and Ethics in Counseling , New Orleans Louisiana <i>Social Justice- Does Advocacy Belong in the Session Room</i>	1/2024
Southern Association for Counselor Education and Supervision (SACES) , Dallas, TX <i>Gateslipping in Counselor Education</i>	11/2024
Tennessee Suicide Prevention Network (TSPN) Franklin, TN <i>Enduring the Unseen Wounds: The Long-Term Effects of Trauma Exposure on First Responders</i>	10/2024
Tennessee Suicide Prevention Network (TSPN) Franklin, TN <i>PACE Perseverance Awareness Competency Endurance: A peer support training promoting perseverance through awareness, competency, and endurance education training.</i>	10/2024
Association for Assessment and Research (AARC) , Pittsburg, PA <i>EMS Professionals: Unpacking Anxiety, Burnout, Depression, PTSD, and Social Support Perceptions</i>	9/2024
Law and Ethics in Counseling , New Orleans Louisiana <i>Counselor Educators: Wanting to be Liked</i>	1/2024
Tennessee Suicide Prevention Network (TSPN) Nashville, TN <i>Demystifying the Counseling Experience</i>	10/2023
Southern Association for Counselor Education and Supervision (SACES) Baltimore, MD <i>Counseling Portability: What it Means and How to Advocate for Your State</i>	11/2022
Tennessee Suicide Prevention Network (TSPN) Nashville, TN <i>Helping Those That Help Others</i>	10/2022
Tennessee Licensed Professional Counselors Association (TLPCA) Nashville, TN <i>Helping the Helpers?</i>	6/2022
Tennessee Licensed Professional Counselors Association (TLPCA) Nashville, TN <i>The Road to Licensure Portability: Advocating for Rural America?</i>	6/2022
American Counseling Association , Atlanta, Georgia <i>Ensuring and Promoting Member and Community Involvement During a Pandemic</i>	4/2022
Law and Ethics in Counseling , New Orleans Louisiana <i>Who Are We and Where Are We Headed? Redefining Counselor Identity as a Unified Profession</i>	2/2022
National Rehabilitation Counseling Association , virtual conference <i>A Quantitative Study Examining Barriers for First Responders Seeking Mental Wellness</i>	10/2021

Association for Assessment and Research (AARC) , Cincinnati, Ohio <i>A Quantitative Study Examining Barriers for First Responders Seeking Mental Wellness</i>	8/2021
Tennessee Licensed Professional Counselors Association (TLPCA) , virtual summit <i>Counselor Licensure Portability: The Good, The Bad, and The Hopeful</i>	6/2021
Tennessee Licensed Professional Counselors Association (TLPCA) , virtual summit <i>Who are we? Redefining counselor identity as a unified profession</i>	6/2021
Council on Social Work Education , virtual conference <i>Arming a Diverse Paraprofessional Workforce through Education & Experience</i>	11/2020
Louisiana Counseling Association , Baton Rouge, Louisiana <i>Emergency Personnel: Burnout, Depression, Anxiety, and Fear Seeking Treatment</i>	9/2017
Law and Ethics in Counseling , New Orleans Louisiana <i>Measuring Burnout in Emergency Personnel Using the Copenhagen Burnout Inventory</i>	2/2017
Southeast Psychological Association (SEPA) , New Orleans, Louisiana <i>Emergency Personnel: Burnout, Depression, Anxiety, and Fear Seeking Treatment</i>	4/2016

Grants

- Songs, P., Hutchinson, J., Robinson, D., Jiao, Y., Mintun, D. (2024). Evaluating the Effectiveness of Domestic Violence Programs in Rural East Texas: A Mixed-Methods Approach. NIJ FY24 Research and Evaluation of Services for Victims of Crime. (\$1,070,461) Not funded
- Hutchinson, J. (2024). Mental Health Longevity Program for First Responders. NAM Catalyst Award Program. (\$49,989) Not funded
- Hutchinson, J. (2024). Enhancing First Responder Mental Health: A Conference for Awareness and Advocacy. State of Texas. (\$30,508) Not funded
- Hutchinson, J. (2021). A Phenomenological Study of a First Responders Experience of the Barriers, Stigma, and the Counseling Session. Funded by Southern Association of Counselor Education and Supervision (SACES) Research Grant (Funded \$500)
- Hutchinson, J., McKenzie, T., Hembree, K., Maust, H., Cogdal, P. (2021). Be Kind to Your Mind – Mental Health Awareness Fair. Funded by the University of Memphis Campus Community Fund. (Funded \$2,470)

Publications

- Hutchinson, J., Range, L., Zanskas, S. (2021). Anxiety, Burnout, Depression, and Suicidality Among EMS Professionals: Perceptions of Counseling Services. *Journal of Military and Government Counseling*, 9(2) p. 71-83.

Hutchinson, J., Murphy, P. (in revision). EMS Professionals: Unpacking Anxiety, Burnout, Depression, PTSD, and Social Support Perceptions.

Hutchinson, J. (in revision). The Lived Experiences of Emergency Medical Technicians Seeking Counseling.

Disciplinary Service

- Cognella Textbook reviewer 7/2024
- American Counseling Association Conference Proposal Reviewer 8/2024
- Association for Assessment and Research in Counseling Grant Reviewer 3/2024
- Crisis, Resilience and First Responder Trauma Training Advisory Council (CRAFT-AC) 3/2/23- 09/2023
- Tennessee Mental Health Counseling Association Leadership Board 7/2021-6/2022
- Chi Sigma Iota Kappa Zeta, Doctoral President 8/2021-8/2022
- Association for Assessment and Research in Counseling Grant Reviewer 6/2022
6/2021
- Chi Sigma Iota Kappa Zeta, Doctoral Representative 8/2020-8/2121
- Association for Assessment and Research in Counseling Grant Reviewer 5/2020
- Graduate Student Association (UHCNO) Member-At-Large 8/2015- 5/2016

University Service

- West Virginia University CACREP Liaison 12-2024- current
- Texas A&M University Counseling Program Coordinator 8/2023- 11/2024
- Texas A&M University Counseling Clinical Coordinator 12/2023- 11/2024
- Texas A&M University CACREP Liaison 1/2024-11/2024
- Texas A&M University Morale Committee 9/2024
- Chi Sigma Iota- Delta Gamma Sigma Chapter Co-Faculty Advisor 8/2023- 8/2024
- Texas A&M University Nursing and Health Sciences Dean Search Committee. 2/2024
- Texas A&M University Assistant Provost Search Committee 9/2023
- University of Memphis Student Interviewer 10/2022
10/2021
- University of Memphis Faculty Search Committee 3/2021

Community Engagement

- Health on the Line Community Event, Texarkana, TX 6/2024
- Tri-State Iron and Metal Co., Texarkana, TX 5/2024
Psychological Safety in the Workplace: Addressing Mental Health Issues
- TXK Safety Council, Texarkana, TX 2/2024
Psychological Safety in the Workplace: Addressing Mental Health Issues

Awards

- 2024 NBCC Board Certified-TeleMental Health Provider (BC-TMH) Training Award \$500
- 2021 Southern Association of Counselor Education and Supervision (SACES) Research Grant \$500
- 2016 Outstanding Student Award- University of Holy Cross