

Anna Simmons

asimmo13@mix.wvu.edu

304-281-3029

1401 Headlee Avenue, Morgantown, WV 26505

EDUCATION

West Virginia University, Morgantown, WV

M.A. School Counseling

May 2014

West Virginia University, Morgantown, WV

B.S. Psychology

May 2012

The Linsly School, Wheeling, WV

High School Diploma

May 2009

PROFESSIONAL EXPERIENCE

Resilient Kids/Natural Resilience, Morgantown, WV

Mental Health Therapist

November 2016-present

- Provide individual and group mental health services for children, adolescents, and adults in a private practice setting.

Eastwood Elementary School, Morgantown, WV

Professional School Counselor

August 2016-June 2021

- Designed and implemented a Comprehensive School Counseling Program to meet the personal/social, academic, and career needs of students in grades preschool through 5th grade.
- Consulted with school-based and community-based educational stakeholders to improve counseling services provided to students and school community.
- Collaborated with educational professionals to meet universal, targeted, and intensive student needs.

Jayenne Elementary School and Pleasant Valley Elementary School, Fairmont, WV

Professional School Counselor

August 2014-August 2016

- Designed and implemented a Comprehensive School Counseling Program to meet the personal/social, academic, and career needs of students in grades preschool through 4th grade.
- Consulted with school-based and community-based educational stakeholders to improve counseling services provided to students and school community.
- Collaborated with educational professionals to meet universal, targeted, and intensive student needs.

West Virginia University, Morgantown, WV

Graduate Resident Assistant

August 2012-May 2014

- Provided students living in the residence hall with resources, mentoring, and engagement to help establish connections, support, and academic success.
- Provided instruction and mentorship to university freshmen to orient students to the resources available, demands of university level coursework, and strategies for academic and social success.

West Virginia University, Morgantown, WV

Resident Assistant

August 2010-May 2012

- Provided students living in the residence hall with resources, mentoring, and engagement to help establish connections, support, and academic success.

TEACHING EXPERIENCE

West Virginia University, Morgantown, WV

Graduate Course: Counseling Theories/Techniques 2

Spring 2022

- Provided partial instruction to graduate school counseling students completing their secondary course in counseling theories and techniques.

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Graduate Course: Counseling Theories/Techniques 1.

Fall 2021, Fall 2022, Fall 2023

West Virginia University, Morgantown, WV

Graduate Course: Practicum Supervision

Fall 2018, Fall 2019, Fall 2020, Fall 2023

West Virginia University, Morgantown, WV

Graduate Course: Introduction to Clinical Mental Health.

Fall 2023

West Virginia University, Morgantown, WV

Graduate Course: Internship Supervision

Spring 2020

CERTIFICATIONS AND LICENSES

WV Approved Licensed Professional Supervisor (ALPS)

May 20, 2022

West Virginia Licensed Professional Counselor

November 2016

West Virginia Certified School Counselor

May 2014

National Certified Counselor

June 2014

HONORS AND RECOGNITION

ASCA School Counselor of the Year State Representative

February 2021

West Virginia School Counselor of the Year

2019-2020

PROFESSIONAL MEMBERSHIP AND LEADERSHIP

West Virginia School Counselor Association

Board Director

Assumed July 1, 2024

Past President

March 2023-present

President

December 2021-March 2023

President-elect

October 2019-December 2021

President-elect-elect

October 2018-October 2019

Member

2014-present

American School Counselor Association

Member

2013-present

American Counseling Association

Member

2022-present

Association for Counselor Education and Supervision

Member

2022-present

PRESENTATIONS

West Virginia School Counseling Association Annual Conference

December 2020

Using Data and SMART Goals to Prove Your Program

American School Counseling Association Annual Conference

July 2018

Fusing REBT and a Growth Mindset